

ROSE E. MIOLA, LCSW, MTS

pronouns: she/her/hers

Virginia Commonwealth University School of Social Work
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EDUCATION

- Ph.D.** **Virginia Commonwealth University**
School of Social Work
2023 - Present (Anticipated April 2027)
- Dissertation Title: A Community Engaged, Photovoice Exploration of Posttraumatic Growth after Sexual Violence
- MSW** **Boston College**
School of Social Work
May 2017, Magna Cum Laude
- MTS** **Boston College**
School of Theology & Ministry
May 2015, Magna Cum Laude
- BA** **Loyola University Maryland**
Major 1: English Literature
Major 2: Theology
Honors Program
May 2012, Magna Cum Laude

CLINICAL LICENSURE:

- LCSW** **Licensed Clinical Social Worker in Virginia** License No. 090401124
Eye Movement Desensitization & Reprocessing (EMDR) Trained
2019 - Present

PROFESSIONAL INTERESTS:

Research:

- Posttraumatic growth
- Posttraumatic stress disorder (PTSD)
- Gender-based violence
- Racial trauma & oppression-based trauma
- Critical consciousness

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- Community based participatory research
- Qualitative research
- Intervention development

Teaching:

- Clinical practice
- Gender based violence
- Trauma focused therapy
- Antiracist social work practice
- Policy

RESEARCH

GRANTS & FELLOWSHIPS

Academic-Community Partnership Grant, FUNDED **\$10,000, 2026-2027**

- Funding to support academic-community partnerships that advance research and policy initiatives that address societal challenges and community-identified needs
- Used to fund community-engaged dissertation research

Sanville Scholarship, UNDER REVIEW **\$10,000, 2026-2027**

- A scholarship award for doctoral students with research that is clinically relevant

Hans Falck Scholarship Award, FUNDED **\$2,000, 2026-2027**

- A dissertation funding award for research that advances knowledge about human health

Trauma Research Scholars Award, NOT FUNDED **\$1,000, 2026-2027**

- A scholarship for doctoral students from International Society of Traumatic Stress

HRSA Fellowship Award, FUNDED **\$10,000, 2016-2017**

- Awarded to a cohort of second year masters students who demonstrate integrated behavioral health commitment and leadership at Boston College School of Social Work
- Program to provide critical on-the-ground training for integrated behavioral health

Arlan & Alice Fuller Fellowship, FUNDED **Full Tuition, 2013-2015**

- Awarded a two-year full academic scholarship for women leaders for Masters of Theological Studies at Boston College School of Theology & Ministry

Summer Research Grant, FUNDED **\$5,000, 2015-2016**

- Funding from the Center for Human Rights at Boston College to conduct research that fosters innovative and interdisciplinary scholarship about human rights work
- Used to fund research project exploring music and historical memory in El Salvador

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Futures Without Violence Leadership Campus Fellowship, FUNDED 2014- 2015

- Funding to travel to San Francisco, California to take part in education about community organizing and effective campaign planning from experts in the nonprofit field
- Collaborated for a year with a select group of graduate students across the country to address sexual violence in our contexts

Summer Research Grant, FUNDED **\$5000**, 2010-2011

- Funding from Catholic Studies Department at Loyola University Maryland to conduct research related to the Catholic intellectual or artistic tradition
- Used to fund research project exploring monastic art in Florence, Italy

Undergraduate Presidential Scholarship, FUNDED **Partial Tuition**, 2008-2012

- A merit based scholarship awarded by Loyola University Maryland to recognize and reward students with outstanding academic talent and credentials for four years

AWARDS

Elaine Z. Rothenberg Memorial Scholarship 2024-2025

- Awarded from Virginia Commonwealth University School of Social Work to a student who exhibits academic excellence, service to the community and profession, and compassion and leadership

Theology Medal 2011-2012

- Awarded by Loyola University Maryland Theology Department to one outstanding Theology major for intellectual contributions

English Literary Booking Awards 2010, 2012

- Awarded by Loyola University Maryland English Department for excellent contribution to class discussion and research

Pedro Arrupe Award 2011

- Awarded by Loyola University Maryland for ongoing participation in faith & social justice initiatives

ALIVE Award 2011

- Awarded by Loyola University Maryland students for Action, Loyalty, Integrity, Values and Excellence

Cura Personalis Award 2009

- Awarded by Loyola University Maryland in recognition for Jesuit ideals in leadership, service, and academic achievement

Green & Grey Excellence Award 2009; 2012

- Awarded by Loyola University Maryland students for involvement and approachability

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PEER REVIEWED JOURNAL ARTICLES

PUBLISHED

Miola, R. E., McGinnis, H.A., Kim, A. Y., Cho, S., Kim, S., Baden, A. L., & Kim, J. (2026). Exploring the role of critical consciousness on complex trauma for adopted adults. *American Journal of Orthopsychiatry*. <https://dx.doi.org/10.1037/ort0000939>

Brown, K., Lazarus, K., Williams, C. D., **Miola, R. E.**, Stokes, A., Kerr, N., & Sullivan, T. (2026). The moderating role of support systems in associations between dating violence and depressive symptoms among Black adolescents. *Cultural Diversity & Ethnic Minority Psychology*.

Smith, R. L., **Miola, R. E.** Yang, Y. L., Francis, M., & Bannard, T. (2026). Comparing Recovery-Related Outcomes as a Function of Harm Reduction Pathways to Recovery in Collegiate Recovery Participants. *Journal of Prevention & Health Promotion*.

Baldwin-White, A. **Miola, R. E.** (2026). "Once Upon a Party": Preventing Sexual and Dating Violence on College Campuses Through Game-Based Learning. *Journal of Technology in Human Services*. <https://doi.org/10.1080/15228835.2026.2700701>.

Miola, R. E., Morgan, M. R., Green, M. N. & Ross, R. (2025). Posttraumatic stress across color lines: A history of anti-Black exclusion & PTSD. *Community Mental Health Journal*, 61(6), 1102–1114. <https://doi.org/10.1007/s10597-025-01450-3>

Francis, M. W., Smith, R., **Miola, R.**, Yang, Y. L., Bannard, T., Burns, V., Cleveland, M., Karimova, K., LaBelle, O., Murphy, D., & Piccirillo, M. (2025). Recovery identity as a buffer: Mitigating trauma's impact on recovery capital in collegiate recovery programs. *Frontiers in Adolescent Medicine*, 3:1602130. <https://doi.org/10.3389/fradm.2025.1602130>

UNDER REVIEW

Miola, R. E. & Benjamin, N. Making Sexual Violence Policy More Trauma-Informed: A Case Study using Article 7 of Virginia Code. *Social Work*. Under Review.

Miola, R. E., McGinnis, H. A., Baldwin-White, A. Broda, M. D. & Luce, C. Family Matters: Exploring the role of social support on trauma symptoms among university students. *College Student Affairs Journal*. Under Review.

Miola, R. E., Russo, J., Baldwin-White, A., & Siebert, L. Cultural perceptions of sexual violence & prevention strategies amongst college students at increased risk for violence. *Journal of the Society for Social Work and Research*. Under Review.

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Bagwell-Grey, M. E. & **Miola, R. E.** Posttraumatic Growth and the Art of (re)Claiming Sexual Health after Intimate Partner Violence. *Violence Against Women*. Under Review.

Baldwin-White, A., Fedock, G. & **Miola, R. E.** Using a Structural Violence Framework to Prevent Gender-Based Violence on College Campuses. *Journal of Interpersonal Violence*. Under Review.

Baldwin-White, A. **Miola, R. E.** The Effects of Race-Related Stress on Sexual Assault Perpetration on College Campuses. *Journal of Aggression, Maltreatment & Trauma*. Under Review.

Fritz-Goffnett, J., Clary, K. L. & **Miola, R. E.** Photovoice and Photo Elicitation with LGBTQ+ Communities to Strengthen Understanding of Person-Environment Interactions and Develop Community-Driven Interventions. In *Critical Praxes in Arts-Based Social Work: Centering the US' Margins*. Routledge. Under Review.

IN PROGRESS

Miola, R. E. (Manuscript in preparation). Participatory blackout poetry as method: A way to consider how marginalized groups want to change culture around gender based violence.

Miola, R. E., Corley, N. & Bagwell-Grey, M. E. (Manuscript in preparation). Posttraumatic growth in an arts-based intervention for survivors of intimate partner violence.

Lund, M. & **Miola, R. E.** (Manuscript in preparation). Effectual Agency After Intimate Partner Violence: A Trauma-Informed Conceptual Framework for Relational Repair, and Life Reconstruction.

COMMUNITY & TECHNICAL REPORTS

Miola, R. E., Smith, R. Adkins, R. (2026, June). Peter Paul Preliminary Data Analysis Presentation.

Miola, R. E., Smith, R. Adkins, R. (2026, April). HARP Healing Summit Evaluation Plan & Measures Packet.

PEER REVIEWED CONFERENCE PRESENTATIONS

Miola, R. E., Baldwin-White, A. Corley, N. Participatory Blackout Poetry as Qualitative Method for Understanding Perceptions & Strategies of Violence Prevention Among College Students at Risk for Sexual Violence. Society for Social Work Research. (January, 2026). Washington D.C.

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Miola, R. E., McGinnis, H. A., Kim, S. The role of critical consciousness on complex trauma for adopted adults. International Society for Traumatic Stress Studies, 41st Annual Meeting. (September, 2025). Baltimore, Maryland.

Miola, R. E., Baldwin-White, A. Blackout Poetry as Qualitative Method for Understanding Perceptions & Strategies of Violence Prevention Among College Students at Risk for Sexual Violence. Virginia Commonwealth University, Graduate Research Symposium. (April, 2025). Richmond, Virginia.

Brown, K., Lazarus, K., Williams, C. D., **Miola, R.,** Stokes, A., Kerr, N., & Sullivan, T. The moderating role of support systems in associations between dating violence and depressive symptoms among Black adolescents. The Black Graduate Conference in Psychology. (June, 2025). Richmond, Virginia.

Miola, R. E., McGinnis, H. A., Baldwin-White, A. Exploring the role of social support on posttraumatic stress disorder among university student survivors of sexual violence. International Society for Traumatic Stress Studies, 40th Annual Meeting. (September, 2024). Boston, Massachusetts.

Francis, M. W., Smith, R., Yang, Y. L., **Miola, R. E.,** Story, F. E., & The National Longitudinal Collegiate Recovery Study Group. Stronger recovery identities buffer the impact of trauma on recovery capital for collegiate recovery program participants. Research Society on Alcohol, 2024 Meeting. (June 2024). Minneapolis, Minnesota.

Smith, R., Francis, M. W., Yang, Y. L., **Miola, R. E.,** & Bannard, T. Characteristics and outcomes of LGBTQ+ students in collegiate recovery programs. Research Society on Alcohol, 2024 Meeting. (June 2024). Minneapolis, Minnesota.

Miola, R. E., McGinnis, H. A., Kim, S. The role of critical consciousness on complex trauma for adopted adults. Virginia Commonwealth University, Graduate Research Symposium. (April, 2024). Richmond, Virginia.

Francis, M.W., Smith, R., Yang, Y.L., **Miola, R.E.** The National Longitudinal Collegiate Recovery Study. College students in AOSUD recovery: Characteristics and trajectories. Symposium accepted at the annual meeting of the Research Society on Alcohol, (June, 2024), Minneapolis, MN.

DiBella, R. & **Miola, R. E.** It's Your Call: Integrating an On-Campus Hotline to your University's Response Efforts. NASPA Strategies Conference: Violence Prevention & Response, (January 2016), Orlando, Florida.

Miola, R. E. Body-Bound: Traumatic Dissociation and the Resurrection of the Body. Boston Theological Institute Colloquium: Rhetorics of Violence Against Wo/men Conference, (April 2015). Brighton, Massachusetts.

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COMMUNITY CONFERENCE PRESENTATIONS

Miola, R. E. Addiction & Acceptance: Resurrecting the Body's Voice for Healing. Lumen et Vita Theological Conference (January 2015). Brighton, Massachusetts.

Miola, R. E. Panel Presentation: Is Christian Hope Credible? Lumen et Vita Theological Conference (January 2015). Brighton, Massachusetts.

Romer, E. & **Miola, R. E.** Sexual Violence & Silence: Our Catholic Jesuit Call to Speak, Prevent, & Respond. Ignatian Family Teach-In Conference (November 2014). Washington D.C.

RESEARCH EXPERIENCE

Evaluation Lab, PI: Gary Cuddeback, PhD, Co-PI Rebecca Smith, PhD 2026- Present
Graduate Research Assistant, Virginia Commonwealth University

- Assists with program evaluation, survey development and administration, grant writing to community partners and other local and government agencies

THRIVE Lab, PI: Adrienne Baldwin-White, PhD 2024- Present
Graduate Research Assistant, Virginia Commonwealth University

- Assists with program management surrounding research projects about gender based violence

Mapping the Life Course of Adoption Project, PI: Hollee McGinnis, PhD 2023-2025
Graduate Research Assistant, Virginia Commonwealth University

- Assisted with quantitative data management, manuscript preparation, and decolonizing approaches to return results to the community

National Collegiate Recovery Study: "CORE" Study, PI: Larkin Francis, PhD 2023-2025
Graduate Research Assistant, Virginia Commonwealth University

- Assisted with quantitative data management, manuscript preparation, and conference presentations

TEACHING

UNIVERSITY EXPERIENCE

Virginia Commonwealth University, School of Social Work

MSW SLWK 704: Clinical Social Work Practice I
Instructor

In-person Fall 2026

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MSW SLWK 607: Social Work Practice With Individuals, Families, And Groups
Instructor *Online Summer 2026*

BSW SLWK 330: Theory & Practice with Groups and Families
Instructor *In-person Spring 2026*

BSW SLWK: 360: Social Work Assessment: Macro Systems *In-person Spring 2026*
Guest Lecturer: Integrating Macro and Micro level social work into your practice

MSW SLWK 704: Clinical Social Work Practice I *In-person Fall 2025*
Teaching Mentee

MSW SLWK 761: Interpersonal Violence in Clinical Practice *In-person Fall 2024*
Guest Lecturer: Eye Movement Desensitization & Reprocessing, an Introduction

Boston College

Center for Human Rights & International Justice Research Forum *May 2016*
Academic Presentation: "Remembering with Music: Maintaining Historical Memory in El Salvador"

COMMUNITY TRAININGS

Jewish Family Services, Richmond, Virginia *February 2024 & May 2025*
Staff Training: "Integrating Trauma Informed Care into your work"

San Miguel Resource Center, Naturita, Colorado *November 2018*
Advocate Presentation: "Common Mental Health Considerations in Survivors of Violence"

Arrupe El Salvador International Program, Chestnut Hill, Massachusetts *February 2017*
Presentation: "See, Judge, Act: Our Call to Respond"

Arrupe El Salvador International Program, Chestnut Hill, Massachusetts *March 2015*
Panel Presentation: "The Life and Legacy of Oscar Romero"

Sexual Assault Network (SANet) Training, Brighton, Massachusetts
Advocate Training & Orientation: "Crisis Counseling Skills & Self-Care" *October 2014*
Department Presentation: "Responding to Disclosures" *December 2014, January 2016*

Institute of Notre Dame, Baltimore, Maryland *January 2012*
Guest Speaker: Faith & Justice

Notre Dame Preparatory School, Baltimore, Maryland *January 2012*

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Guest Speaker: Faith & Justice

SERVICE

UNIVERSITY

Doctoral Student Association, Virginia Commonwealth University School of Social Work

- **President** 2025-2026
- **Vice President**, 2024-2025

Manuscript Journal Review

- *Humanities and Social Sciences Communications*, under Dr. Larkin Francis

Doctoral Program Committee, Virginia Commonwealth University School of Social Work

- **Student representative**, 2024-2026

Governance & Operations Committee, Virginia Commonwealth University School of Social Work

- **Student representative**, 2024-2025

POLICY

Sexual Violence Bill Drafting, Collaborator

Virginia General Assembly 2027

- Supported creation of amendment to sexual violence code by collaborating with stakeholders and Delegate Thornton

HB283, Advocate

Virginia General Assembly 2026

- Supported bill through connecting Delegate Gardner with persons with lived experience to move the bill forward through the House of Delegates and the Senate

PRACTICE & CLINICAL EXPERIENCE

Jewish Family Services Counseling Dept

Richmond, Virginia

Licensed Clinical Social Worker

Jan 2021 – Present

- Practiced Eye Movement Desensitization and Reprocessing (EMDR) therapy to clients weekly
- Provided trauma informed mental health and substance use therapy to clients of all ages, including visiting assisted living facilities to provide care every week

St. Joseph's Villa Crisis Stabilization Unit

Richmond, Virginia

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Licensed Clinical Social Worker

Sept 2019 – Jan 2021

- Provided trauma informed mental health and substance use treatment to children and adolescents who were in crisis and staying at the residential facility
- Created individualized treatment plans for each client for crisis stabilization at the unit and connected clients with resources in the community after discharge

Center for Mental Health

Naturita, Colorado

Integrated and Outpatient Therapist

July 2017 – July 2019

- Worked as the only integrated behavioral health clinician at a rural primary care clinic, collaborating with medical staff to provide interdisciplinary care to meet complex needs of patients of all ages
- Collaborated with community partners such as Nucla High School, Probation, and Department of Human Services to provide treatment to clients court-ordered to substance use treatment, mental health treatment, or family therapy

Cambridge Health Alliance, Somerville Teen Connection

Cambridge, Massachusetts

Social Work Intern

August 2016 – June 2017

- Completed child and adolescent mental health evaluations in a multidisciplinary behavioral health setting, and met weekly with 6-8 adolescent patients for individual psychotherapy, co-created treatment plans every three months

Boston College Women's Center

Chestnut Hill, Massachusetts

Sexual Assault Network Advocate & Social Work Intern

October 2013 – May 2016

- Trained and supervised faculty and staff Advocates through comprehensive Sexual Assault Crisis Response Training, and organized school wide events to spread awareness around sexual violence on campus
- Provided crisis counseling through the Boston College 24/7 hotline for students affected by sexual violence
- Co-facilitated support group for survivors of sexual violence once a week: HEAL

Boston College Campus Ministry

Chestnut Hill, Massachusetts

Arrupe Program Adult Mentor

April 2016 – April 2017

- Accompanied undergraduate students in a year long process of preparation and reflection for an immersion experience in Nicaragua, and supported students in fundraising prior to the trip, and completing an advocacy project upon return

Economic Mobility Pathways

Brighton, Massachusetts

Case Manager

Summer 2015 – July 2016

- Worked individually with Spanish and English-speaking homeless women to navigate government systems, address housing and legal barriers, find affordable childcare for children, and create a re-housing plan for each month
- Empowered women by discussing goals, difficulties, and next steps for each person's stability

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El Salvador Immersion Experience

Co-leader

- Educated 10 graduate students in the history and popular theology of El Salvador and U.S. involvement in the Civil War
- Organized fundraising through a variety of avenues, including social events and auctions

Brighton, Massachusetts

September 2014 – June 2015

Cristo Rey Boston High School

Admissions Staff & Americorps Volunteer

- Developed relationships with, mentored, and disciplined low-income high school students as a staff member
- Held individual meetings with families in Spanish and English about financial struggles and transition to high school
- Participated in an intentional community which focused on simplicity, social justice, faith, and service to the school

Boston, Massachusetts

August 2012 – June 2013

Center for Community Service and Justice

Student Service Coordinator

- Educated college students on issues of poverty and homelessness on a 3 day immersion trip in the city of Baltimore
- Participated in year-long, biweekly training and reflection meetings on the topic of racial justice and white privilege
- Organized and advertised for school-wide events that allowed the connection between social justice and spirituality

Baltimore, Maryland

August 2009- May 2012

PRACTICE AWARDS

Employee of the Month, Center for Mental Health

Oct 2017

Awarded for commitment to excellent client care in rural setting

Excellent Community Partner Award, San Miguel Resource Center

May 2018

Awarded for collaborating with a local domestic violence agency to coordinate care and educate about sexual violence