

Rebecca L. Smith

Curriculum Vitae

CONTACT INFORMATION

School of Social Work
Virginia Commonwealth University
1000 Floyd Avenue, Academic Learning Commons
P.O. Box 842027
Richmond, VA 23284
804-828-2912 | smithr22@vcu.edu

EDUCATION

- 2022 **PhD, Virginia Commonwealth University**
Developmental Psychology
Dissertation: Characterizing the Patterns, Predictors, and Processes Involved in Recovery from Substance Use Disorders
Advisor: Danielle Dick, PhD
- 2019 **MS, Virginia Commonwealth University**
Developmental Psychology
Thesis: A Longitudinal Study of the Stress-Buffering Effects of Romantic Relationships on Alcohol Outcomes in College Students Exposed to Trauma
- 2015 **MSW, Virginia Commonwealth University**
Clinical Social Work
- 2013 **BS, University of Mary Washington**
Psychology

PROFESSIONAL EXPERIENCE

- 08/2025 – Pr. **Director of Analysis & Evaluation, Evaluation Lab, School of Social Work, Virginia Commonwealth University**
- 09/2024 – Pr **Director of Undergraduate Research, Institute for Research on Behavioral and Emotional Health, Virginia Commonwealth University**
- 03/2024 – Pr. **Research Instructor, School of Social Work, Virginia Commonwealth University**

07/2022 – 03/2024	Principal Research Associate, Safety and Justice Project, The Pew Charitable Trusts
04/2020 – 07/2022	Predoctoral Fellow, NIAAA F31 Fellowship Grant <i>Psychology Department, Virginia Commonwealth University</i>
08/2017 – 04/2020	Doctoral Student Researcher <i>Psychology Department, Virginia Commonwealth University</i>
05/2019 – 08/2020	Research Fellow <i>Research-to-Policy Collaboration, Penn State University</i>
02/2016 – 08/2017	Coordinator of External Research <i>Virginia Department of Juvenile Justice</i>
08/2015 – 08/2017	Research Analyst <i>Virginia Department of Juvenile Justice</i>

CONSULTING EXPERIENCE

07/2022 - 03/2024	Research Consultant
05/2015 – 08/2017	Child Sexual Abuse Policy Expert/Consultant
07/2014 – 03/2016	Program Evaluator

FUNDED PROJECTS

2025 - 2028	MARCUS Alert Evaluation , Virginia Dept. of Behavioral Health and Developmental Services (Contract) <i>Amount: \$96,475</i> <i>Role: Principal Investigator</i>
2024 - 2029	Fast Track to Certified Substance Abuse Counselor (CSAC) Program , Virginia Opioid Abatement Authority <i>Amount: \$90,296 (total award \$1,130,330)</i> <i>Role: Co-Investigator of sub-award (PI: Moeller, 5680026ST)</i>
2025 - 2026	The impact of collegiate recovery programs on recovery capital and participating students , School of Social Work Office of Research <i>Amount: \$13,054</i> <i>Role: Co-Investigator (PI: Francis)</i>
2021 - 2022	Characterizing patterns and predictors of recovery from alcohol use disorders: A genetically informed, longitudinal design , Ruth L. Kirschstein National Research Service Award (NRSA) Individual

Predocutorial Fellowship, National Institutes of Alcohol Abuse and Alcoholism

Amount: \$55,333

Role: Principal Investigator (F31AA028720)

2017

Juvenile Accountability Block Grant One-Time Special Funding Initiative, Virginia Department of Criminal Justice Services through Office of Juvenile Justice Delinquency Program

Amount: \$20,000

Role: Department of Juvenile Justice (Sub-Awardee)

PUBLICATIONS

Note: * denotes shared first authorship.

Refereed Journal Articles

22. Sheidow, A., Drazdowski, T. Pasman, E., Wenzel, K., Gallardo, K., Jurinsky, J., Kelly, L., McCart, M., Hayes, B., Lewis, L., **Smith, R.**, Flori, J., Hagaman, A., Perry, M., Lausier, T., Hogue, A., Silverman, A., & Zajac, K. (In press). Substance use treatment and recovery services for emerging adults in the US: integrating developmental considerations for effective intervention and research. *Emerging Adulthood*.
21. **Smith, R. L.**, Miola, R. E., Yang, Y.-L., Francis, L., & Bannard, T. (In press). Comparing Recovery-Related Outcomes as a Function of Harm Reduction Pathways to Recovery in Collegiate Recovery Participants. *Journal of Prevention and Health Promotion*.
20. Cleveland, M. J., Burns, V., Karimova, K., Gom, R. C., Francis, M., LaBelle, O., Bannard, T., Clemmons-James, D., DeFrantz-Dufor, W. E., Hennessy, E. A., Ripley-Mcneil, E., Shore-Miller, C., **Smith, R. L.**, & Meca, A. (2026). Adapting the Utrecht-Management of Identity Commitments Scale to Assess Recovery Identity: Results from a National Study of Collegiate Recovery Students. *Substance Use & Misuse*, 1–14.
19. Bannard, T., Clemmons-James, D., Francis, M. W., Broman, M. J., Cleveland, M. J., DeFrantz-Dufor, W., Dick, D. M., Hennessy, E., Karimova, K., LaBelle, O., McDaniel, J., Murphy, K., Shore, C., **Smith, R.**, Whitney, J., Yang, Y. L., & Burns, V. (2026). The Collegiate Recovery Research Collaborative: New directions for collegiate recovery science. *Alcoholism Treatment Quarterly*, 44(1), 107–119.
18. Francis, M. W., **Smith, R.**, Miola, R., Yang, Y. L., Bannard, T., Burns, V., Cleveland, M., Karimova, K., LaBelle, O., Murphy, D., & Piccirillo, M. (2025). Recovery Identity as a Buffer: Mitigating Trauma's Impact on Recovery Capital in Collegiate Recovery Programs. *Frontiers in Adolescent Medicine*, 3, 1-12.
17. McCutcheon, V. V., Kuo, S. I., **Smith, R. L.**, Tillman, R., Lai, D., Francis, M. W., Bourdon, J. L., Kamarajan, C., Chan, G., Kuang, W., Garasky, C. E., Sartor, C. E., Hesselbrock, V., Kuperman, S., Plawecki, M. H., Agrawal, A., Johnson, E. C., Schuckit, M. A., Salvatore, J. E., & Bucholz, K. K. (2025). Parental remission from alcohol use disorder shows limited protective effects on offspring alcohol outcomes. *Journal of Studies on Alcohol and Drugs*, 86(6), 906–916.
16. Vest, N., Bell, J. S., Nieder, A., **Smith, R.**, Bannard, T., Tragesser, S., Hibbard, P., & Dick, D. M. (2024). Learning with conviction: Exploring the relationship between criminal legal system involvement and substance use and recovery outcomes for students in collegiate recovery programs. *Drug and Alcohol Dependence*, 257, 1-6.

15. **Smith, R. L.**, Bannard, T., McDaniel, J., Aliev, F., Brown, A., Holliday, E., Vest, N., DeFrantz-DuFor, W., Recovery Science Research Collaborative, & Dick, D. M. (2024). COVID-19: An updated national longitudinal study. *Addiction Research & Theory*, 32(1), 58-67.
14. Vest, N., Hennessy, E., Castedo de Martell, S., & **Smith, R.** (2023). A socio-ecological model for Collegiate Recovery Programs. *Addiction Research & Theory*, 31(2), 92-99.
13. **Smith, R. L.**, Dick, D. M., Amstadter, A., Thomas, N., Spit for Science Working Group, & Salvatore, J. E. (2023). A longitudinal study examining associations between interpersonal trauma and romantic relationships characteristics among college students. *Development & Psychopathology*, 35(3), 1346-1357.
12. Sheerin, C.M., Kuo, S.I., **Smith, R.L.**, Bannard, T., Gentry, A.E., The Spit for Science Working Group, Vassileva*, J., Dick*, D.M., Amstadter*, A.B. (2022). COVID and college: How the pandemic impacted alcohol use disorder status among students. *Journal of American College Health*, 1-9.
11. Francis, M. W., Bourdon, J. L., Chan, G., Dick, D. M., Edenburg, H. J., Kamarajan, C., Kinreich, S., Kramer, J., Kuo, S. I., Pandey, A., Pandey, G., **Smith, R. L.**, Bucholz, K. K., & McCutcheon, V. V. (2022). Deriving a measure of Social Recovery Capital from the Important People and Activities instrument in young adults: Construction and psychometric properties. *Alcohol and Alcoholism*, 57(3), 322-329.
10. Ksinan, A. J., **Smith, R. L.**, Barr, P. B., & Vazsonyi, A. T. (2021). The Associations of Polygenic Scores for Risky Behaviors and Parenting Behaviors with Adolescent Externalizing Problems. *Behavior Genetics*, 52(1), 26-37.
9. **Smith, R. L.**, Dick, D. M., Amstadter, A., Thomas, N., Spit for Science Working Group, & Salvatore, J. E. (2021). A longitudinal study of the moderating effects of romantic relationships on the associations between alcohol use and trauma in college students. *Addiction*, 116(11), 3008-3018.
8. *Long, E. C., **Smith, R. L.**, Gay, B., Scott, J. T., & Crowley, D. M. (2021). Surveying congressional staff: Lessons learned from survey development and administration. *Evidence & Policy*, 17(4), 689-707.
7. Crowley, D. M., Scott, J. T., Long, E. C., Green, L., Israel, A., Supplee, L., Jordan, E., Oliver, K., Guillot-Wright, S., Gay, B., Storace, R., Torres-Mackie, N., Murphy, Y., Donnay, S., Reardanz, J., **Smith, R.**, McGuire, K., Baker, E., Antonopoulos, A., McCauley, M., & Giray, C. (2021). Lawmakers' use of scientific evidence can be improved. *Proceedings of the National Academy of Sciences*, 118(9), 1-5.
6. *Cho, S. -B., **Smith, R. L.**, Bucholz, K., Chan, G., Edenberg, H. J., Hesselbrock, V., Kramer, J., McCutcheon, V. V., Nurnberger, J., Schuckit, M., Zang, Y., Dick, D. M., & Salvatore, J. E. (2021). Using a developmental perspective to examine the moderating effects of marriage on heavy episodic drinking in high-risk young adults. *Development & Psychopathology*, 33(3), 1097-1106.
5. Subbie-Saenz de Viteri, S., Pandey, A., Pandey, G., Kamarajan, C., **Smith, R. L.**, Anokhin, A., Bauer, L., Bender, A., Chan, G., Dick, D., Edenberg, H., Kinreich, S., Kramer, J., Schuckit, M., Zang, Y., McCutcheon, V., Bucholz, K., Porjesz, B., & Meyers, J. (2020). Pathways to post-traumatic stress disorder and alcohol dependence: Trauma, executive functioning, and family history of alcoholism in adolescents and young adults. *Brain and Behavior*, 10(11), 1-13.
4. Paltell, K. C., **Smith, R. L.**, Kansky, J., Cox, C. M., Amstadter, A. B., Dick, D., Salvatore, J. E., & Berenz, E. (2020). Posttraumatic stress disorder symptoms, relationship quality, and risky alcohol use among trauma-exposed students. *Addictive Behaviors*, 102, 1-8.
3. **Smith, R. L.**, Salvatore, J. E., Aliev, F., Neale, Z., Barr, P., & Dick, D. M. (2019). Genes, roommates, and residence halls: A multidimensional study of the role of peer drinking on

- college students' alcohol use. *Alcoholism: Clinical and Experimental Research*, 43(6), 1254-1262.
2. Shakeshaft, C., **Smith, R. L.**, Keener, S. T., & Shakeshaft, E. (2019). Standard of care for protecting students from educator sexual misconduct. *Journal of Child Sexual Abuse*, 28(1), 105-124.
 1. ***Smith, R. L.**, *Carroll, A. M., Callaghan, K. T., Rowcliffe, M. A., Sullivan, M. A., & Steckler, D. C. (2015). Emerging adulthood: A college student, middle-class perk? *Psi Chi Journal of Psychological Research*, 20(2), 80-85.

Book chapters

1. Hennessy, E. A., **Smith, R. L.**, & Vilsaint, C. L. (2025). Recovery capital as an explanatory model for change and growth. In D. Best & E. A. Hennessy (Eds.), *The handbook of recovery capital: Understanding the science and practice* (pp. 75-96). Bristol, UK: Bristol University Press.

Technical reports, white papers, & other publications (Selected)

9. **Smith, R. L.** (2024, June). Characteristics of students in Collegiate Recovery Programs from an updated national, longitudinal study. *The Scholar-Practitioner*, 6, 1-2.
<https://education.okstate.edu/site-files/documents/r4t/scholar-practitioner-june24.pdf>
8. The Pew Charitable Trusts. (2024, January). Adults with Mental Illness are Overrepresented in Probation Population.
https://www.pewtrusts.org/-/media/assets/2024/01/adults_with_mental_illness_are_overrepresented_in_probation_population_report_final_jan10-2024.pdf
7. **Smith, R. L.** (2022, March). The Impact of Collegiate Recovery Programs on Participating Students: Fall 2021 Data Report.
6. **Smith, R. L.** (2019, August). Substance Use Treatment: Predictors of Success and Accountability. [Research-to-Policy Collaboration Research Brief].
<https://evidence2impact.psu.edu/resources/substance-abuse-treatment-predictors-of-success-and-accountability/>
5. **Smith, R. L.** (2019, June). Substance Use Treatment for Women. [Research-to-Policy Collaboration Research Brief].
<https://evidence2impact.psu.edu/resources/substance-use-treatment-for-women/>
4. Interagency Task Force on Juvenile Correctional Centers, Virginia Department of Juvenile Justice, Legislative and Research Division. (2017). Juvenile Correctional Center Task Force: Final Report (Report Document No. 200).
<https://rga.lis.virginia.gov/Published/2017/RD200/PDF>
3. Interagency Task Force on Juvenile Correctional Centers, Virginia Department of Juvenile Justice, Legislative and Research Division. (2016). Juvenile Correctional Center Task Force: Interim Report (Report Document No. 235).
<https://rga.lis.virginia.gov/Published/2016/RD235/PDF>
2. Virginia Department of Juvenile Justice, Legislative and Research Division. (2016). Data Resource Guide, Fiscal Year 2016 (Report Document No. 588).
<https://rga.lis.virginia.gov/Published/2016/RD588/PDF>
1. Virginia Department of Juvenile Justice, Legislative and Research Division. (2015). Profiles of Committed Juveniles, Fiscal Years 2004-2013.
<http://www.djj.virginia.gov/pdf/admin/Profiles%20of%20Committed%20Juveniles.%20Fiscal%20Years%202004-2013.pdf>

PRESENTATIONS

Note: * denotes co-author is an undergraduate mentee.

Poster presentations

26. *Romero Carpio, C., **Smith, R.**, Spit for Science Working Group, Adkins, A. (2026, October). Assessing Genetic and Familial Risk for Alcohol Misuse in Hispanic College Students: A sex-based study. Annual meeting of the National Research Conference at Penn, Philadelphia, PA.
25. **Smith, R. L.**, Bountress, K., Spit for Science Working Group, & Bannard, T. (2026, June). Comparing psychosocial outcomes in Collegiate Recovery Program (CRP) and non-CRP students. Annual meeting of the Association for Recovery in Higher Education, Denver, CO.
24. *Ralston, K., *Adcook, E., Cuddeback, G., **Smith, R.**, & Adkins, A. (2026, April). Exploring the knowledge gap: Mental health crisis identification training for 911 call takers. Annual meeting of the National Conference on Undergraduate Research, Richmond, VA.
23. *Feliciano, M., *Pelfrey, S., Spit for Science Working Group, & **Smith, R.** (2026, April). The effects of coping motives on alcohol use consequences. Annual meeting of the National Conference on Undergraduate Research, Richmond, VA.
22. *Jankovic, S., *Banks, C., Spit for Science Working Group, & **Smith, R.** (2026, April). The effects of marijuana on anxiety levels. Annual meeting of the National Conference on Undergraduate Research, Richmond, VA.
21. *Hull, K., **Smith, R.**, Yang, Y.-L., & Francis, M. (2025, June). Gender and sexuality identity support in collegiate recovery programs lowers depression for LGBTQ+ participants, which is related to increased recovery capital. Annual meeting of Society for Social Work and Research, Washington, DC.
20. **Smith, R. L.**, Adkins, A. E., Williams, C. D. & Chartier, K. C. (2025, June). Building undergraduate research training as a foundation for diversifying addiction research. Annual meeting of the College on Problems of Drug Dependence, New Orleans, LA.
19. **Smith, R. L.**, Francis, M., Yang, Y.-L., Miola, R., & Bannard, T. (2025, April). Recovery outcomes as a function of harm reduction pathways in collegiate recovery participants. Annual meeting of the Collaborative Perspectives on Addiction, Providence, RI.
18. **Smith, R. L.**, Francis, M., Yang, Y.-L., Miola, R., & Bannard, T. (2024, June). Characteristics and outcomes of LGBTQ+ students in collegiate recovery programs. Research Society on Alcohol's Sex & Gender & Alcohol Satellite meeting, Minneapolis, MN.
17. *Oliver, J., *Kapa, N., *Ward, C., *Tapia, M., Spit for Science Working Group, & **Smith, R. L.** (2024, April). Differences in COVID-19 pandemic drinking alcohol-related consequences between LGBTQ+ and cisgender heterosexual university students. VCU Poster Symposium for Undergraduate Research and Creativity, Richmond, VA.
16. Francis, M., Bourdon, J., Chartier, K., **Smith, R. L.**, Yang, Y.-L., Kim, K., & The National Longitudinal Collegiate Recovery Study Group. (2023, June). Comparing family density of alcohol and substance use disorders and clinical and demographic characteristics between clinical inpatient and campus recovery programs. Annual meeting of the Research Society on Alcohol, Bellevue, WA.
15. **Smith, R. L.**, Bannard, T., Dick, D. M. (2022, May). Investigating the role of Collegiate Recovery Programs as relapse prevention. Annual meeting of the Society for Prevention Research, Seattle, WA.
14. **Smith, R. L.**, Bannard, T., McDaniel, J., Whitney, J., DeFrantz-Dufor, W., Statman, M., Kimball, T. G., Johnston, T. W., Canfield, K. M., LaBelle, O., & Dick, D. M. (2021, June). Examining the associations between collegiate recovery programs and students' recovery capital and quality of life during the COVID-19 pandemic. Annual meeting of the Research Society on Alcoholism, virtual.

13. Sheerin, C., Kuo, S., **Smith, R. L.**, Bannard, T., Spit for Science Working Group, Vassileva, J., Dick, D., & Amstadter, A. (2021, June). COVID and college: How the pandemic impacted and status among students. Annual meeting of the Research Society on Alcoholism, virtual.
12. Long, E.C., **Smith, R.**, Scott, J. T., & Crowley D. M. (2020, July). Lessons learned from surveying congressional staff on using science. Annual meeting of the Society for Prevention Research, Washington, DC.
11. **Smith, R. L.**, Salvatore, J. E., Barr, P. B., Aliev, F., Spit for Science Working Group, & Dick, D. M. (2020, June). Pathways to risk to alcohol outcomes: An examination of peer substance use as a moderator or mediator of genetic predispositions. Annual meeting of the Research Society on Alcoholism, New Orleans, LA.
10. *Jones, J. R., **Smith, R. L.**, & Salvatore, J. E. (2020, May). Does sexual orientation moderate between partner substance use and alcohol consumption? Annual symposium for the Undergraduate Research Opportunities Program, Virginia Commonwealth University, Richmond, VA.
9. *Jones, J. R., Salvatore, J. E., **Smith, R. L.**, & Adkins, A. E. (2019, August). Examining sex differences in the association between a partner's antisocial behavior and one's own substance use. VCU Guided Research Experience and Applied Training symposium, Richmond, VA.
8. **Smith, R. L.**, Dick, D. M., Amstadter, A. B., Spit for Science Working Group, & Salvatore, J. E. (2019, June). A study of the stress-buffering effects of romantic relationships on alcohol use in college students exposed to trauma. Annual meeting of the Research Society on Alcoholism. Minneapolis, MN.
7. **Smith, R. L.**, Dick, D. M., Spit for Science Working Group, & Salvatore, J. E. (2019, April). Romantic relationships as moderators of the association between trauma and alcohol use among college students. Annual VCU Graduate Student Association Research Symposium, Richmond, VA.
6. **Smith, R. L.**, Dick, D. M., Spit for Science Working Group, & Salvatore, J. E. (2019, April). Examining sex differences in the stress-buffering effects of romantic on alcohol use in college students exposed to trauma. Annual VCU Women's Health Research Day, Richmond, VA.
5. **Smith, R. L.**, Salvatore, J. E., Aliev, F., Neale, Z., Barr, P., & Dick, D. M. (2018, June). The effects of actual versus perceived peer alcohol use across the first year of college: A study of gene-by-environment interaction. Annual meeting of the Research Society on Alcoholism, San Diego, CA.
4. **Smith, R. L.**, Salvatore, J. E., Aliev, F., Neale, Z., Barr, P., & Dick, D. M. (2018, April). Genes, roommates, and residence halls: The effect of genetic risk, perceived peer alcohol use, and actual peer alcohol use on college students' alcohol use. Annual VCU Graduate Student Association Research Symposium, Richmond, VA.
3. **Smith, R.**, Carroll, A., Callaghan, K., Rowcliffe, M., Sullivan, M., & Steckler, D. (2013, October). The prerequisites of emerging adulthood: The profile of the "forgotten half." Biannual Conference on Emerging Adulthood, Chicago, IL.
2. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, May). Information-seeking and SES: Components of emerging adulthood. Annual meeting of the Association for Psychological Science, Washington, D.C.
1. Foss, J., Robertson, C., **Smith, R.**, & Tran, V. (2012, April). Hooking up: The effects of gender roles and safe sex knowledge on adolescent promiscuity. Annual Psi Chi Symposium at the University of Mary Washington, Fredericksburg, VA.

Symposia presentations

8. Francis, L., Yang, Y. -L., **Smith, R.**, & Bannard, T. A double helping of risk for nicotine use: Nicotine use trends and intervention opportunities for college students in addiction recovery. Submitted to the annual meeting of the Society for Social Work and Research.
7. **Smith, R. L.** (2023, November). Mental health and probation findings from two national datasets. Annual meeting of the American Society of Criminology, Philadelphia, PA.
6. Nieder, A., Bell, J., **Smith, R. L.**, Vest, N. (2023, June). Characterizing collegiate recovery program students with legal system involvement: A cross-sectional national survey. Annual ARHE/ARS/AAPG Annual National Recovery Conference, Columbus, OH.
5. Long, E., Green, L., **Smith, R.**, Supplee, L., Jordan, E., Scott, J. T., & Crowley, M. (2020, December). Tools for measuring federal lawmakers' use of research evidence: Legislative surveys and bill coding. Annual Conference on the Science of Dissemination and Implementation (virtual due to COVID-19).
4. Shakeshaft, C., Shakeshaft, E., **Smith, R.**, & Keener, S. (2014, July). Standard of care for protecting students from educator sexual misconduct. International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
3. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, April). Emerging adulthood: A college student, middle-class perk? Annual meeting of the Virginia Psychological Association, Richmond, VA.
2. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, April). Emerging adulthood: A college student, middle-class perk? Annual Research and Creativity Day at the University of Mary Washington, Fredericksburg, VA.
1. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, April). Emerging adulthood: A college student, middle-class perk? Annual Psi Chi Symposium at the University of Mary Washington, Fredericksburg, VA.

Keynote presentations

1. Dick, D., **Smith, R. L.**, & Bannard, T. (2022, June). Measuring the impact of Collegiate Recovery Programs: Data from the National Longitudinal Collegiate Recovery Survey. Annual ARHE/ARS/AAPG Annual National Recovery Conference, Richmond, VA.

Panels chaired and discussed

2. College students in AOSUD recovery: Characteristics and trajectories. (2024, June). Discussant at the annual meeting of the Research Society on Alcohol, Minneapolis, MN.
1. Overrepresentation of adults with mental illnesses and co-occurring substance use disorders in the criminal system. (2023, November). Annual meeting of the American Society of Criminology, Philadelphia, PA.

TEACHING & MENTORSHIP

Teaching

05/2025 - Pr.

Instructor and Program Co-Director

Course: VCU Guided Research Experience and Applied Training (GREAT) Bootcamp (R25AA027402), Virginia Commonwealth University & Rutgers University

08/2023 - 08/2025

Instructor

Course: Spit for Science: Conducting and Understanding Research (BIOZ 399/PSYC 494/SLWK 391), Virginia Commonwealth University

01/2020	Guest Lecturer <i>Course:</i> Science of Happiness (UNIV 391), Virginia Commonwealth University Guest lectured on causes of human behavior
06/2019 - 05/2021	Guest Lecturer <i>Course:</i> VCU Guided Research Experience and Applied Training (GREAT) Bootcamp (R25AA027402), Virginia Commonwealth University Guest lectured on introduction to research and statistics, SPSS, and the Spit for Science project
01/2019 - 05/2019	Instructor <i>Course:</i> Science of Happiness (UNIV 391), Virginia Commonwealth University
08/2017 - 12/2018	Graduate Teaching Assistant <i>Course:</i> Science of Happiness (UNIV 391), Virginia Commonwealth University

Student/Trainee Mentorship

08/2026 - Pr.	GRA Supervisor School of Social Work Evaluation Lab, Virginia Commonwealth University <i>Mentees:</i> TaLisha Hairston (MSW), Tasnia Zakir (MSW)
05/2026 - Pr.	UROP Faculty Mentor UROP Research Fellowship, Virginia Commonwealth University <i>Mentee:</i> Kayla Ralston
08/2025 - Pr.	BSW/MSW Social Work Field Instructor School of Social Work Evaluation Lab, Virginia Commonwealth University <i>Mentees:</i> Kayla Ralston (BSW), Emma Adcook (MSW), Jaymes Elentrio-Pitt (MSW)
08/2019 - 05/2020	Co-Mentor <i>Course:</i> Independent Research Study (PSYC 492), Virginia Commonwealth University <i>Mentee:</i> Jasmin Jones
05/2019 - 08/2019	GREAT Fellow Co-Mentor VCU Guided Research Experience and Applied Training (GREAT) Program (R25AA027402), Virginia Commonwealth University <i>Mentee:</i> Jasmin Jones
01/2018 - 05/2018	Research Team Co-Mentor <i>Course:</i> Spit for Science Research Class (BIOL 391) Research Team, Virginia Commonwealth University

AWARDS & HONORS

2024	Props for Profs, Center for Teaching and Learning Excellence, Virginia Commonwealth University
2024	Research Society on Alcohol Sex & Gender Satellite Meeting Travel Award
2022, 2024	Society for Prevention Research Early Career Prevention Network Travel Award
04/21 - 07/2022	National Institutes of Alcohol Abuse and Alcoholism, Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship
2018, 2021	Research Society on Alcohol Student Merit Travel Award
2017, 2018	Virginia Commonwealth University Graduate Student Travel Grant
4/16, 4/17, 6/17	Virginia Department of Juvenile Justice Employee Recognition Award
2014	Inducted into Phi Alpha, National Honor Society for Social Work Students
2013	Graduated Summa Cum Laude for GPA of 3.75+
2013	President's List Award for GPA of 4.0
2012	Minnie-Rob Phaup Scholarship for outstanding scholarship in psychology
2012	Inducted into Psi Chi, International Honor Society in Psychology
12/09, 05/10, 12/11	Dean's List Award for GPA of 3.5+
12/09 – 05/13	Prince William County Bar Association's Beat the Odds Scholarship for overcoming adversity

SERVICE

University Service

Virginia Commonwealth University

School of Social Work Field Education Hiring Committee for Assistant Director of Field Education, 2026

Faculty Advisor, NAMI on Campus at VCU, 10/2025 - Pr.

BSW Program Committee, 08/2024 – 05/2025

Psychology Research Faculty Hiring Committee Member, 11/2020

Psychology Graduate Academic Committee Student Representative, 09/2019 – 05/2020

Guest Judge, History of Psychology Capstone (PSYC 451) Poster Session, 05/2019, 12/2017

Developmental Psychology Student Representative, 08/2018 – 05/2019

Sexual Violence Prevention Assessment Subcommittee Member, 2018

Wellness Council Representative, 08/2018

University of Mary Washington

Psi Chi Secretary, 08/2012 – 05/2013

Psi Chi Advertising Committee Chair, 08/2012 – 05/2013

Psi Chi Symposium Planning Committee Co-Chair, 08/2012 – 05/2013

Professional Service

Appointed Reviewer, Human Research Review Committee, Virginia Department of Juvenile Justice 11/2017 – Pr.

Ad-Hoc Reviewer

Addiction Research & Theory
Association for Psychological Science Student Caucus, 2018 Student Research Award
Frontiers in Psychiatry
Journal of Abnormal Child Psychology
Personal Relationships
Psychological Medicine
Substance Use & Misuse
Campbell Systematic Reviews

Community Service

Member, Animal Program Committee, Henrico Humane Society, 10/2025 – Pr.
Founding board member, Richmond Inclusive Recovery City, 09/2024 – Pr.
Foster coordinator, Henrico Humane Society, 05/2024 – Pr.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
Association for Psychological Science
Research Society on Alcoholism
Society for Prevention Research