

Rebecca L. Smith

EDUCATION

- 2022** **PhD, Virginia Commonwealth University**
Developmental Psychology
Dissertation: Characterizing the Patterns, Predictors, and Processes Involved in Recovery from Substance Use Disorders
Advisor: Danielle Dick, PhD
- 2019** **MS, Virginia Commonwealth University**
Developmental Psychology
Thesis: A Longitudinal Study of the Stress-Buffering Effects of Romantic Relationships on Alcohol Outcomes in College Students Exposed to Trauma
- 2015** **MSW, Virginia Commonwealth University**
Clinical Social Work
- 2013** **BS, University of Mary Washington**
Psychology

RESEARCH EXPERIENCE

- 03/2024 – Pr.** **Instructor and Program Manager of Undergraduate Research**
Institute for Research on Behavioral and Emotional Health, Virginia Commonwealth University
Provide research support on various longitudinal studies of college student and young adult substance use and mental health; provide writing support for federal grant proposals; manage daily operations of two grant-funded undergraduate research programs aimed at improving diversity in the biomedical sciences; teach application-only experiential research course for undergraduates
- 07/2022 – 03/2024** **Principal Research Associate**
Safety and Justice, The Pew Charitable Trusts
Provided research and writing support for behavioral health and justice-related projects with a focus on behavioral health crisis response initiatives; maintained and managed a portfolio of contracted and original research; designed and managed research projects, including survey development and statistical analysis; disseminated findings to state and national stakeholders via issue briefs, technical reports, and presentations
- 08/2017 – 08/2022** **Research Scientist**
Psychology Department, Virginia Commonwealth University

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Collaborated on various longitudinal studies of college student and young adult substance use and mental health; led design, development, and programming of longitudinal survey evaluating collegiate recovery programs nationwide; prepared Institutional Review Board applications; led data collection, cleaning, and management for multiple longitudinal studies; conducted statistical analyses; presented findings to stakeholders and academic audiences

05/2019 – 08/2020

Research Fellow

Research-to-Policy Collaboration, Penn State University

Provided non-partisan empirical research to federal policymakers based on need and demand; served as a liaison between policymakers and researchers, which included organizing requests and responses for research-based information; composed and prepared manuscripts for publication, fact sheets, and other correspondence (e.g., rapid response emails); prepared research-based materials for use in congressional briefings and meetings with legislative staff

02/2016 – 08/2017

Coordinator of External Research

Virginia Department of Juvenile Justice

Managed peer review of human research to ensure the appropriate protection of rights and welfare of justice-involved youth and that research complied with federal, state, and local regulations, and institutional policies and procedures; led Human Research Review Committee, organized quarterly meetings, and maintained appropriate documentation and reporting to the Board of Directors and Virginia General Assembly

08/2015 – 08/2017

Research Analyst

Virginia Department of Juvenile Justice

Analyzed data to identify trends for justice-involved youth, assessed agency performance measures, and evaluated statewide programs; produced annual and specialized data reports, presentations, and other research-based materials for Department administration, government representatives and legislators, and external child-serving agencies and researchers; monitored agency compliance with federal and state grant guidelines and reporting protocols; secured grant funding through from the Office of Juvenile Justice Delinquency Program

10/2013 – 05/2015

Graduate Research Assistant

Department of Educational Leadership, Virginia Commonwealth University

Collaborated with Dr. Charol Shakeshaft under the Project ALL grant to develop a standard of care for the prevention of educator misconduct; created and administered surveys using SurveyMonkey, analyzed data, and wrote reports based upon field expert data on abuse in the schools; assisted in data collection, data analysis, and manuscript preparation for studies of superintendent stress;

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analyzed data from national longitudinal datasets; assisted in writing and editing grant proposals

08/2012 – 05/2013

Undergraduate Research Assistant

Psychology Department, University of Mary Washington

Collaborated with Dr. Debra Steckler on a study to examine emerging adulthood and the life factors associated with it; assisted in literature review, project design, drafting consent/debriefing forms, and administering survey; co-wrote final paper; co-designed and presented two posters at local, state, and national conventions; co-developed and delivered one presentation at local, state, and national conventions

01/2012 – 05/2013

Student Researcher

Office of Institutional Analysis and Effectiveness, University of Mary Washington

Compiled faculty evaluations of students' performance in general education classes and conducted statistical analyses of student learning outcomes; created prepared, and reviewed reports for publication; updated website with WordPress

GRANTS & FUNDING

F31AA028720

Characterizing patterns and predictors of recovery from alcohol use disorders: A genetically informed, longitudinal design

National Institutes of Alcohol Abuse and Alcoholism

Role: Principal Investigator

Date: 04/01/2021-07/24/2022

Student Merit Travel Award

Research Society on Alcoholism

Amount: \$150

Date: 2018, 2021

Graduate Student Travel Grant

Virginia Commonwealth University

Amount: \$300

Date: 2017, 2018

Juvenile Accountability Block Grant One-Time Special Funding Initiative

Virginia Department of Criminal Justice Services through Office of Juvenile Justice Delinquency Program

Role: Department of Juvenile Justice (Sub-Awardee)

Amount: \$20,000

Date: 07/01/2017 - 10/31/2017

PEER-REVIEWED PUBLICATIONS

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Note: * denotes shared first authorship. Total $N = 16$; First-author $n = 7$.

1. Vest, N., Bell, J. S., Nieder, A., **Smith, R.**, Bannard, T., Tragesser, S., Hibbard, P., & Dick, D. M. (In press). Learning with conviction: Exploring the relationship between criminal legal system involvement and substance use and recovery outcomes for students in collegiate recovery programs. *Drug and Alcohol Dependence*.
<https://doi.org/10.1016/j.drugalcdep.2024.111127>.
2. **Smith, R. L.**, Bannard, T., McDaniel, J., Aliev, F., Brown, A., Holliday, E., Vest, N., DeFrantz-Dufor, W., Recovery Science Research Collaborative, & Dick, D. M. (2024). COVID-19: An updated national longitudinal study. *Addiction Research & Theory*, 32(1), 58-67.
3. Vest, N., Hennessy, E., Castedo de Martell, S., & **Smith, R.** (2023). A socio-ecological model for Collegiate Recovery Programs. *Addiction Research & Theory*, 31(2), 92-99.
4. **Smith, R. L.**, Dick, D. M., Amstadter, A., Thomas, N., Spit for Science Working Group, & Salvatore, J. E. (2023). A longitudinal study examining associations between interpersonal trauma and romantic relationships characteristics among college students. *Development & Psychopathology*, 35(3), 1346-1357.
5. Sheerin, C.M., Kuo, S.I., **Smith, R.L.**, Bannard, T., Gentry, A.E., The Spit for Science Working Group, Vassileva*, J., Dick*, D.M., Amstadter*, A.B. (2022). COVID and college: How the pandemic impacted alcohol use disorder status among students. *Journal of American College Health*, 1-9.
6. Francis, M. W., Bourdon, J. L., Chan, G., Dick, D. M., Edenburg, H. J., Kamarajan, C., Kinreich, S., Kramer, J., Kuo, S. I., Pandey, A., Pandey, G., **Smith, R. L.**, Bucholz, K. K., & McCutcheon, V. V. (2022). Deriving a measure of Social Recovery Capital from the Important People and Activities instrument in young adults: Construction and psychometric properties. *Alcohol and Alcoholism*, 57(3), 322-329.
7. Ksinan, A. J., **Smith, R. L.**, Barr, P. B., & Vazsonyi, A. T. (2021). The Associations of Polygenic Scores for Risky Behaviors and Parenting Behaviors with Adolescent Externalizing Problems. *Behavior Genetics*, 52(1), 26-37.
8. **Smith, R. L.**, Dick, D. M., Amstadter, A., Thomas, N., Spit for Science Working Group, & Salvatore, J. E. (2021). A longitudinal study of the moderating effects of romantic relationships on the associations between alcohol use and trauma in college students. *Addiction*, 116(11), 3008-3018.
9. *Long, E. C., ***Smith, R. L.**, Gay, B., Scott, J. T., & Crowley, D. M. (2021). Surveying congressional staff: Lessons learned from survey development and administration. *Evidence & Policy*, 17(4), 689-707.
10. Crowley, D. M., Scott, J. T., Long, E. C., Green, L., Israel, A., Supplee, L., Jordan, E., Oliver, K., Guillot-Wright, S., Gay, B., Storace, R., Torres-Mackie, N., Murphy, Y., Donnay, S., Reardanz, J., **Smith, R.**, McGuire, K., Baker, E., Antonopoulos, A., McCauley, M., & Giray, C. (2021). Lawmakers' use of scientific evidence can be improved. *Proceedings of the National Academy of Sciences*, 118(9), 1-5.
11. *Cho, S. -B., ***Smith, R. L.**, Bucholz, K., Chan, G., Edenberg, H. J., Hesselbrock, V., Kramer, J., McCutcheon, V. V., Nurnberger, J., Schuckit, M., Zang, Y., Dick, D. M., & Salvatore, J. E. (2021). Using a developmental perspective to examine the moderating effects of marriage on heavy episodic drinking in high-risk young adults. *Development & Psychopathology*, 33(3), 1097-1106.
12. Subbie-Saenz de Viteri, S., Pandey, A., Pandey, G., Kamarajan, C., **Smith, R. L.**, Anokhin, A., Bauer, L., Bender, A., Chan, G., Dick, D., Edenberg, H., Kinreich, S., Kramer, J., Schuckit, M., Zang, Y., McCutcheon, V., Bucholz, K., Porjesz, B., & Meyers, J. (2020). Pathways to post-traumatic stress disorder and alcohol dependence: Trauma, executive

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functioning, and family history of alcoholism in adolescents and young adults. *Brain and Behavior*, 10(11), 1-13.

13. Paltell, K. C., **Smith, R. L.**, Kansky, J., Cox, C. M., Amstadter, A. B., Dick, D., Salvatore, J. E., & Berenz, E. (2020). Posttraumatic stress disorder symptoms, relationship quality, and risky alcohol use among trauma-exposed students. *Addictive Behaviors*, 102, 1-8.
14. **Smith, R. L.**, Salvatore, J. E., Aliev, F., Neale, Z., Barr, P., & Dick, D. M. (2019). Genes, roommates, and residence halls: A multidimensional study of the role of peer drinking on college students' alcohol use. *Alcoholism: Clinical and Experimental Research*, 43(6), 1254-1262.
15. Shakeshaft, C., **Smith, R. L.**, Keener, S. T., & Shakeshaft, E. (2019). Standard of care for protecting students from educator sexual misconduct. *Journal of Child Sexual Abuse*, 28(1), 105-124.
16. ***Smith, R. L.**, *Carroll, A. M., Callaghan, K. T., Rowcliffe, M. A., Sullivan, M. A., & Steckler, D. C. (2015). Emerging adulthood: A college student, middle-class perk? *Psi Chi Journal of Psychological Research*, 20(2), 80-85.

PROJECT AND TECHNICAL REPORTS, WHITE PAPERS, & NON-PEER-REVIEWED PUBLICATIONS

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1. The Pew Charitable Trusts. (2024, January). Adults with Mental Illness are Overrepresented in Probation Population. Available at https://www.pewtrusts.org/-/media/assets/2024/01/adults_with_mental_illness_are_overrepresented_in_probation_population_report_final_jan10-2024.pdf
 2. **Smith, R. L.** (2022, March). The Impact of Collegiate Recovery Programs on Participating Students: Fall 2021 Data Report.
 3. **Smith, R. L.** (2021, August). The Impact of Collegiate Recovery Programs on Participating Students: Fall 2020 – Spring 2021 Data Report.
 4. **Smith, R. L.** (2021, May). The Impact of Collegiate Recovery Programs on Participating Students: Fall 2020 Baseline Data Report.
 5. **Smith, R. L.** (2019, August). Substance Use Treatment: Predictors of Success and Accountability. [Research-to-Policy Collaboration Research Brief]. Available at <https://www.research2policy.org/substance-use-treatment-predictors>
 6. **Smith, R. L.** (2019, June). Substance Use Treatment for Women. [Research-to-Policy Collaboration Research Brief]. Available at <https://www.research2policy.org/substance-use-treatment-women>
 7. Interagency Task Force on Juvenile Correctional Centers, Virginia Department of Juvenile Justice, Legislative and Research Division. (2017). Juvenile Correctional Center Task Force: Final Report (Report Document No. 200). Available at <https://rga.lis.virginia.gov/Published/2017/RD200/PDF>
 8. Interagency Task Force on Juvenile Correctional Centers, Virginia Department of Juvenile Justice, Legislative and Research Division. (2016). Juvenile Correctional Center Task Force: Interim Report (Report Document No. 235). Available at <https://rga.lis.virginia.gov/Published/2016/RD235/PDF>
 9. Virginia Department of Juvenile Justice, Legislative and Research Division. (2016). Data Resource Guide, Fiscal Year 2016 (Report Document No. 588). Available at <https://rga.lis.virginia.gov/Published/2016/RD588/PDF>
 10. Virginia Department of Juvenile Justice, Legislative and Research Division (2016, December). Person Felony Intake Trends, FY 2007-2016. [Memorandum to the Director, Virginia Department of Juvenile Justice].

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11. Virginia Department of Juvenile Justice, Legislative and Research Division. (2015). Data Resource Guide, Fiscal Year 2015 (Report Document No. 62). Available at <https://rga.lis.virginia.gov/Published/2016/RD62/PDF>
12. Virginia Department of Juvenile Justice, Legislative and Research Division. (2015). Profiles of Committed Juveniles, Fiscal Years 2004-2013. Available at <http://www.djj.virginia.gov/pdf/admin/Profiles%20of%20Committed%20Juveniles,%20Fiscal%20Years%202004-2013.pdf>
13. Virginia Department of Juvenile Justice, Legislative and Research Division. (2015, August). Committing Offenses and Offense Histories of Juveniles in Direct Care. [Memorandum to Virginia Senate Finance, Public Safety Committee].

SCIENTIFIC PRESENTATIONS

Note: + denotes co-author is an undergraduate mentee.

1. **Smith, R. L.**, McIntyre, T., & Van Deirse, T. (2023, November). Overrepresentation of adults with mental illnesses and co-occurring substance use disorders in the criminal system. Symposium chaired and paper presented at the annual meeting of the American Society of Criminology, Philadelphia, PA.
2. Nieder, A., Bell, J., **Smith, R. L.**, Vest, N. Characterizing collegiate recovery program students with legal system involvement: A cross-sectional national survey. Talk presented at the annual ARHE/ARS/AAPG Annual National Recovery Conference, Columbus, OH.
3. Dick, D., **Smith, R. L.**, & Bannard, T. (2022, June). Measuring the impact of Collegiate Recovery Programs: Data from the National Longitudinal Collegiate Recovery Survey. Invited keynote presentation at the annual ARHE/ARS/AAPG Annual National Recovery Conference, Richmond, VA.
4. **Smith, R. L.**, Bannard, T., Dick, D. M. (2022, May). Investigating the role of Collegiate Recovery Programs as relapse prevention. Poster presented at the annual meeting of the Society for Prevention Research, Seattle, Washington.
5. **Smith, R. L.**, Bannard, T., McDaniel, J., Whitney, J., DeFrantz-Dufor, W., Statman, M., Kimball, T. G., Johnston, T. W., Canfield, K. M., LaBelle, O., & Dick, D. M. (2021, June). Examining the associations between collegiate recovery programs and students' recovery capital and quality of life during the COVID-19 pandemic. Poster presented at the annual meeting of the Research Society on Alcoholism, virtual.
6. Sheerin, C., Kuo, S., **Smith, R. L.**, Bannard, T., Spit for Science Working Group, Vassileva, J., Dick, D., & Amstadter, A. (2021, June). COVID and college: How the pandemic impacted and status among students. Poster presented at the annual meeting of the Research Society on Alcoholism, virtual.
7. Long, E., Green, L., **Smith, R.**, Supplee, L., Jordan, E., Scott, J. T., & Crowley, M. (2020, December). Tools for measuring federal lawmakers' use of research evidence: Legislative surveys and bill coding. Paper presented at the virtual Annual Conference on the Science of Dissemination and Implementation.
8. Long, E.C., **Smith, R.**, Scott, J. T., & Crowley D. M. (2020, July). Lessons learned from surveying congressional staff on using science. Poster presented at the annual meeting of the Society for Prevention Research, Washington, DC.
9. **Smith, R. L.**, Salvatore, J. E., Barr, P. B., Aliev, F., Spit for Science Working Group, & Dick, D. M. (2020, June). Pathways to risk to alcohol outcomes: an examination of peer substance use as a moderator or mediator of genetic predispositions. Poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.

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10. ⁺Jones, J. R., **Smith, R. L.**, & Salvatore, J. E. (2020, May). Does sexual orientation moderate between partner substance use and alcohol consumption? Poster presented at Virginia Commonwealth University's annual symposium for the Undergraduate Research Opportunities Program, Richmond, VA.
11. ⁺Jones, J. R., Salvatore, J. E., **Smith, R. L.**, & Adkins, A. E. (2019, August). Examining sex differences in the association between a partner's antisocial behavior and one's own substance use. Poster presented at the VCU Guided Research Experience and Applied Training symposium, Richmond, VA.
12. **Smith, R. L.**, Dick, D. M., Amstadter, A. B., Spit for Science Working Group, & Salvatore, J. E. (2019, June). A study of the stress-buffering effects of romantic relationships on alcohol use in college students exposed to trauma. Poster presented at the annual meeting of the Research Society on Alcoholism. Minneapolis, MN.
13. **Smith, R. L.**, Dick, D. M., Spit for Science Working Group, & Salvatore, J. E. (2019, April). Romantic relationships as moderators of the association between trauma and alcohol use among college students. Poster presented at the annual Graduate Student Association Research Symposium, Richmond, VA.
14. **Smith, R. L.**, Dick, D. M., Spit for Science Working Group, & Salvatore, J. E. (2019, April). Examining sex differences in the stress-buffering effects of romantic on alcohol use in college students exposed to trauma. Poster presented at the annual Women's Health Research Day, Richmond, VA.
15. **Smith, R. L.**, Salvatore, J. E., Aliev, F., Neale, Z., Barr, P., & Dick, D. M. (2018, June). The effects of actual versus perceived peer alcohol use across the first year of college: A study of gene-by-environment interaction. Poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.
16. **Smith, R. L.**, Salvatore, J. E., Aliev, F., Neale, Z., Barr, P., & Dick, D. M. (2018, April). Genes, roommates, and residence halls: The effect of genetic risk, perceived peer alcohol use, and actual peer alcohol use on college students' alcohol use. Poster presented at the annual Graduate Student Association Research Symposium, Richmond, VA.
17. Shakeshaft, C., Shakeshaft, E., **Smith, R.**, & Keener, S. (2014, July). Standard of care for protecting students from educator sexual misconduct. Talk presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
18. **Smith, R.**, Carroll, A., Callaghan, K., Rowcliffe, M., Sullivan, M., & Steckler, D. (2013, October). The prerequisites of emerging adulthood: The profile of the "forgotten half." Poster presented at the biannual Conference on Emerging Adulthood, Chicago, IL.
19. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, May). Information-seeking and SES: Components of emerging adulthood. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
20. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, April). Emerging adulthood: A college student, middle-class perk? Talk presented at the annual meeting of the Virginia Psychological Association, Richmond, VA.
21. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, April). Emerging adulthood: A college student, middle-class perk? Talk presented at the annual Research and Creativity Day at the University of Mary Washington, Fredericksburg, VA.
22. Callaghan, K., Carroll, A., Rowcliffe, M., **Smith, R.**, Sullivan, M., & Steckler, D. (2013, April). Emerging adulthood: A college student, middle-class perk? Talk presented at the annual Psi Chi Symposium at the University of Mary Washington, Fredericksburg, VA.
23. Foss, J., Robertson, C., **Smith, R.**, & Tran, V. (2012, April). Hooking up: The effects of gender roles and safe sex knowledge on adolescent promiscuity. Poster presented at the annual Psi Chi Symposium at the University of Mary Washington, Fredericksburg, VA.

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TEACHING & MENTORSHIP EXPERIENCE

Teaching

Adjunct Professor, August 2023 – March 2024

VCU Biology

Spit for Science: Conducting and Understanding Research

Guest Lecturer

VCU Guided Research Experience and Applied Training (GREAT) Bootcamp (R25AA027402)

Introduction to Research and Statistics, May 2021

Introduction to SPSS, May 2021

Introduction to the Spit for Science Project, May 2020

Overview of the Spit for Science Codebook, June 2019

Guest Lecturer

Science of Happiness (UNIV 391)

Causes of Human Behavior, January 2020

Instructor, May 2019

Graduate Teaching Assistant, August 2017 – December 2018

Science of Happiness (UNIV 391)

Provide academic support for Science of Happiness, a team-taught, interdisciplinary undergraduate course; deliver lectures on the psychology of happiness and cognitive distortions; maintain grades and attendance; facilitate weekly discussions; assist in developing course curriculum, assignments, and syllabus

Mentorship

Mentor, August 2019 – May 2020

Independent Research Study (PSYC 492)

Mentored an undergraduate student as part of an independent research course on partner substance use and alcohol use; provided academic support on conducting a literature review, cleaning and analyzing data, and disseminating findings through a poster presentation and a term paper; provided guidance on professional development

Mentor, Summer 2019

VCU Guided Research Experience and Applied Training (GREAT) Summer Research Project

Mentored an undergraduate student and oversaw the completion of an independent research project as part of the VCU GREAT program (R25AA027402) designed to enhance diversity in biomedical sciences; provided academic support on conducting a literature review, cleaning and analyzing data, and disseminating findings through a poster presentation and a term paper; provided guidance on professional development

Group project leader, January 2018 – May 2018

Spit for Science Research Class (BIOL 391)

Provide mentorship and academic support to undergraduate students working on a group research project using Spit for Science data; assist with preparation and review of analyses and presentation materials

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CONSULTING EXPERIENCE

05/2015 – 08/2017

Child Sexual Abuse Policy Expert/Consultant

Client: Dr. Charol Shakeshaft

Assist in preparing for civil litigation cases in which her services have been retained as an expert witness in school policies, practices, and leadership related to the prevention of educator sexual misconduct; review depositions and discovery documents associated with each case; write reports synthesizing the facts of the case and relevant policies and procedures

07/2014 – 03/2016

Program Evaluator

Client: KidSafe Foundation

Developed surveys designed to examine knowledge, efficacy, and satisfaction for use in child sexual abuse prevention training for professionals, parents, and primary school children; analyzed data to determine efficacy of KidSafe programs; developed progress reports on program outcomes and goals for submission to the funding grantor; established concrete, measurable goals and objectives for training

CLINICAL EXPERIENCE

05/2015 – 04/2016

Clinical Care Manager

Tucker Pavilion

Served as the clinical social worker on an interdisciplinary treatment team for children, adolescent, and adult patients; conducted biopsychosocial assessments, developed and monitored treatment plans, provided case management services and discharge planning; conducted individual therapy and led psycho-educational groups

08/2014 – 05/2015

Forensic Clinical Social Work Graduate Intern

Central State Hospital Forensic Unit

Served as the clinical social worker on an interdisciplinary treatment team for adults admitted to forensic inpatient care; conducted biopsychosocial assessments at intake and annually, developed and monitored treatment plans, provided case management services and discharge planning for patients returning to jail, transferring to civil psychiatric hospitals, and being conditionally released into the community; conducted individual therapy and led psycho-educational groups

08/2013 – 05/2014

McKinney-Vento Education/School Social Work Graduate Intern

Richmond Public Schools

Provided case management services to students struggling with truancy and homelessness; conducted individual sessions with at-

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risk students at alternative and public middle and high schools; co-facilitated a psychoeducational parenting group at a local homeless shelter

09/2012 – 12/2013

Psychiatric Services Intern

Snowden at Fredericksburg

Provided case management services for adolescent and adult patients, including conducting biopsychosocial-spiritual assessments and discharge planning

01/2012 – 05/2012

Prevention Services Intern

Rappahannock Area Community Services Board

Co-facilitated psychoeducational support groups and school-based services for children and adults

AWARDS & HONORS

2018, 2021	Research Society on Alcoholism Student Merit Travel Award
4/16, 4/17, 6/17	Virginia Department of Juvenile Justice Employee Recognition Award
2014	Inducted into Phi Alpha, National Honor Society for Social Work Students
2013	Graduated Summa Cum Laude for GPA of 3.75+
2013	President's List Award for GPA of 4.0
2012	Minnie-Rob Phaup Scholarship for outstanding scholarship in psychology
2012	Inducted into Psi Chi, International Honor Society in Psychology
12/09, 05/10, 12/11	Dean's List Award for GPA of 3.5+
12/09 – 05/13	Prince William County Bar Association's Beat the Odds Scholarship for overcoming adversity

PROFESSIONAL MEMBERSHIPS

2021 – Pr.	Society for Prevention Research
2017 – Pr.	Research Society on Alcoholism
2017 – Pr.	American Psychological Association
2017 – Pr.	Association for Psychological Science
2013 – 2014	Virginia Psychological Association

SERVICE

University Service

Virginia Commonwealth University

- Psychology Research Faculty Hiring Committee Member, November 2020

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- Psychology Graduate Academic Committee Student Representative, September 2019 – May 2020
- Guest Judge, History of Psychology Capstone (PSYC 451) Poster Session, May 2019, December 2017
- Developmental Psychology Student Representative, August 2018 – May 2019
- Sexual Violence Prevention Assessment Subcommittee Member, 2018
- Wellness Council Representative, August 2018

University of Mary Washington

- Psi Chi Secretary, August 2012 – May 2013
- Psi Chi Advertising Committee Chair, August 2012 – May 2013
- Psi Chi Symposium Planning Committee Co-Chair, August 2012 – May 2013

Professional Service

Appointed Reviewer, Human Research Review Committee, November 2017 – Pr.

Virginia Department of Juvenile Justice (DJJ)

Review research proposals involving court-involved youth, incarcerated youth, and DJJ staff; ensure the competent, complete, and professional review of human research activities proposed, authorized, or conducted by DJJ; consider the potential benefits and risks to human subjects and recommend approval to the Director of DJJ only when the benefits outweigh the risks

Ad-Hoc Reviewer

Association for Psychological Science Student Caucus, 2018 Student Research Award
Frontiers in Psychiatry
Journal of Abnormal Child Psychology
Personal Relationships
Psychological Medicine
Substance Use & Misuse