

# **Yifan Lou, Ph.D., AM, LMSW**

Address: 1000 Floyd Avenue, Richmond, VA 23284

Email: [louy@vcu.edu](mailto:louy@vcu.edu)

---

## **RESEARCH INTEREST**

End-of-life care, Aging and health policy, Health inequality and disparity, Health communication and decision-making, Cognitive impairment.

## **ACADEMIC APPOINTMENT**

2024 –	<b>Assistant Professor</b> Virginia Commonwealth University, School of Social Work Affiliation: VCU iCubed – Health and Wellness Across the Lifespan Transdisciplinary Core
2023 – 2024	<b>Postdoctoral Associate</b> Yale University School of Medicine, Department of Internal Medicine, Section of Geriatrics. Affiliation: Yale Program on Aging; National Institutes of Aging (NIA) Imbedded Pragmatic Alzheimer Disease (AD) and AD Related Dementias Clinical Trials Collaboratory – Statistics Core; Yale Alzheimer's Disease Research Center – Statistics Core

## **EDUCATION**

PhD	<b>Columbia University</b> School of Social Work Major: Social Work Concentration: Social Policy, Planning, and Policy Analysis	2023
AM/MSW	<b>University of Chicago</b> Crown Family School of Social Work, Policy, and Practice Major: Social Work Concentration: Policy and Administration	2018
BSW	<b>East China University of Science and Technology</b> School of Social and Public Administration Major: Sociology, Social Work	2016

## **LICENSURE**

Certified Master Social Worker, State of New York, License ID: 113144

## GRANTS, FELLOWSHIPS & AWARDS

### Research Grant

2026-2027	The Rita Hillman and Alex Foundation – Serious illness and End-of-life care research grant (\$50,000, <i>Role: PI</i> ) <ul style="list-style-type: none"><li>• <i>Addressing Pain Management Challenges in Chinese Caregivers in Home-Based Hospice Care</i></li></ul>
2025-2026	National Institute on Aging (NIA), the Interdisciplinary Network on Rural Population Health and Aging (INRPHA) pilot research grant (\$35,000, <i>Role: PI</i> ) <ul style="list-style-type: none"><li>• <i>Beyond Geography: Health and Social Contextual Determinants of Rural-Urban End-of-Life Care</i></li></ul>
2025-2026	Albert & Elaine Borchard Foundation of Law and Aging Academic Research Grant (\$20,000, <i>Role: PI</i> ) <ul style="list-style-type: none"><li>• <i>Title: Harmony in Decision-making: The Balance of Individual Rights and Family Roles in Advance Care Planning among Chinese Americans</i></li></ul>
2025-2026	National Institute on Aging (NIA)-funded Demography and Economics of Aging Centers Pilot Grant (\$75,000, <i>Role: Co-I, PI: Emma Zang</i> ) <ul style="list-style-type: none"><li>• <i>Title: Geographic Contexts Across the Life Course and Cognitive Health in Emerging Aging Cohorts in the United States</i></li></ul>
2024– 2025	National Institutes of Aging (NIA) STTR Phase II grant ( <i>Role: Consultant/statistician, PI: Tamara Afifi</i> ) <ul style="list-style-type: none"><li>• <i>Title: Using Rendever to improve the quality of life of older adults with cognitive impairments in senior living communities and their family members who live at a distance</i></li></ul>
2023– 2024	National Institutes of Aging (NIA) Specialized Center Cooperative Agreements ( <i>Role: Postdoctoral associate and core member in the Design and Statistical Core, PI: Susan Mitchell, Vincent Mor</i> ) <ul style="list-style-type: none"><li>• <i>Title: NIA Imbedded Pragmatic Alzheimer Disease (AD) and AD Related Dementias Clinical Trials Collaboratory</i></li></ul>
2023 – 2024	The Tokyo Foundation for Policy Research Grant (\$4,600, <i>Role: PI</i> ) <ul style="list-style-type: none"><li>• <i>Title: Death and Dying of Chinese in U.S. and China: a comparative mixed method research</i></li></ul>

2022 – 2023	Sasakawa Young Leaders Research Grant, The Tokyo Foundation for Policy Research (\$4,500, Role: PI) <ul style="list-style-type: none"> <li>• <i>Title: End-of-life Care and Decision-making Experiences with Dementia Caregivers in China</i></li> </ul>
2019 & 2022	Sasakawa Young Leaders Summer Fellowship, The Tokyo Foundation for Policy Research (\$1,500 & \$1,000, Role: PI) <ul style="list-style-type: none"> <li>• <i>Title: Perception of death, dying, and end-of-life care discussions in medical professionals in China</i></li> </ul>
2020 & 2021	Weatherhead Doctoral Student Summer Grant, Weatherhead East Asian Institute (\$1,500 & \$1,250, Role: PI) <ul style="list-style-type: none"> <li>• <i>2021 Project Title: Developing a culturally appropriate questionnaire on end-of-life decision-making for Chinese older adults</i></li> <li>• <i>2020 Project Title: Advance care planning with older adults with Dementia in China</i></li> </ul>

### **Fellowship and Awards**

2023	Gerontological Society of America (GSA) Diversity Mentoring and Career Development Technical Assistance Workshop Diversity Fellow Award. (\$1500) * Featured on the landing page as the next generation of experts
2023	Ruth Fizdale Doctoral Dissertation Award for Aging & Health Services (\$5,000)
2023	Sylvia Rosenberg Dissertation Award in Aging and Mental Health (\$2,500)
2023	Chinese Government Award for Outstanding Self-Financed Students Abroad (\$6,000)
2019	AGESW Gerontological Social Work Pre-Dissertation Fellowship, Association for Gerontology Education in Social Work (\$1200)
2018 & 2019	Phyllis and Joseph Caroff Doctoral Fellowship, Columbia University, School of Social Work (\$23,000/year)
2018 – 2023	Doctoral Fellowship, Columbia University, School of Social Work (\$29,000/year)

2018 – 2023	Doctoral Travel Grant, Columbia University, School of Social Work (\$1,000/year)
2017 – 2018	C.W. Chan Scholarship, University of Chicago, School of Social Service Administration (\$5,000/year)
2016 – 2017	Tuition Award, University of Chicago, School of Social Service Administration (\$2,500/year)
2016	Shanghai Outstanding Graduating Student, Shanghai Ministry of Education
2016	Shanghai Outstanding Undergraduate Graduation Thesis, Shanghai Ministry of Education
2012 & 2014	National Scholarship, Ministry of Education of China (RMB 8000/year)
2013 & 2015	Curriculum Awards – first class, East China University of Science and Technology (RMB 5500/year)
2012 – 2014	Social Activity Participation Awards, East China University of Science and Technology

## PUBLICATIONS

+ Graduate student authors; ^ Equal first authors

22. Wang Y., **Lou, Y.**, Shen, H., Guillermo, E. (2025), Intersectional Discrimination and Mental Health in Later Life: Ageism as a Core Dimension, *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. <https://doi.org/10.1093/geronb/gbab184>
21. Wang, F., Forrest-Bank, S., **Lou, Y.**, Mukherjee, N., Heo, Y. (2025), The Race Paradox in Mental Health Among Older Adults in the United States: Examining Social Participation as a Mechanism, *Social Sciences*. 14(7), 426. <https://doi.org/10.3390/socsci14070426>
20. **Lou, Y.**, Zang, E., Li, Q. + (2025), Explaining Racial and Ethnic Disparities in Advance Care Planning: A Decomposition Analysis, *Journal of Pain and Symptom Management*. DOI: <https://doi.org/10.1016/j.jpainsympman.2025.02.014>
19. **Lou, Y.**, Gong, J. +, Zang, E. (2025), Care Recipients' Cognitive Trajectories and Caregivers' Depressive Symptoms: The Mediating Role of Caregiving Burden, *The Gerontologist*. DOI: <https://doi.org/10.1093/geront/gnaf024>

18. Wong, J.<sup>^+</sup>, Lu, S.<sup>^+</sup>, **Lou, Y.**, Zang, E., Carr, D. (2025), A Novel Time Use Approach on Daily Active Engagement with Life: The Intersectionality of Race and Gender. *The Gerontologist*. DOI: <https://doi.org/10.1093/geront/gnae150>
17. **Lou, Y.** (2024), End-of-life Care Discussions with Healthcare Providers and Dying Experiences: A Latent Class Analysis Using the Health and Retirement Study. *Archives of Gerontology and Geriatrics*. DOI: <https://doi.org/10.1016/j.archger.2023.105319>
16. **Lou, Y.**, Thi, V., Piechota, A., Monin, J. (2024), Emotion Regulation in People Living with Dementia and Their Spouses: The Role of Neuropsychiatric Symptoms. *Aging and Mental Health*. DOI: <http://doi.org/10.1080/13607863.2024.2367038>
15. Liu, J., Cheung, E., **Lou, Y.** (2024), A pilot study of a peer mentoring program for Chinese American dementia caregivers. *Aging and Mental Health*. DOI: <https://doi.org/10.1080/13607863.2024.2346599>
14. **Lou, Y.**, Liu, J., Carr, D. (2023), To Tell or Not: Older Chinese Adults' Preferences for Disclosing or Concealing Serious Illness Diagnoses. *The Gerontologist*. DOI: <http://doi.org/10.1093/geront/gnac167>
13. Liu, J., **Lou, Y.**, Cheung, E. (2023), Beyond Dichotomy and Stability: ICT Use Among Asian American Older Adults During the COVID-19 Pandemic. *Journal of Applied Gerontology*. DOI: <https://doi.org/10.1177/07334648231204781>
12. **Lou, Y.**, Carr, D. (2022). Racial and Ethnic Disparities in Advance Care Planning: Assessing the Role of Subjective Life Expectancy. *The Journal of Gerontology: Social Sciences*. DOI: <https://doi.org/10.1093/geronb/gbac003>
11. Wang Y., Guo M., Liu, J., **Lou, Y.**, Cater, K., Dong, X. (2022) Neighborhood Environment and Depressive Symptoms among Chinese Older Immigrants in the U.S.: The Mediation Effects of Coping. *The Gerontologist*. DOI: <https://doi.org/10.1093/geront/gnac065>
10. Liu, J., **Lou, Y.**, Li, L., Xu, H., Zhang Z. (2022). Dyadic Effects On Depressive Symptoms of Spouse Caregivers and Their Care Recipients in China: Evidence from CHARLS. *Aging and Mental Health*. DOI: <https://doi.org/10.1080/13607863.2022.2087212>
9. Liu, J., **Lou, Y.**, Cheung, E., Wu, B. (2022). Use of Tangible, Educational and Psychological Support Services among Chinese American Dementia Caregivers. *Dementia*. DOI: <https://doi.org/10.1177/14713012221099781>
8. **Lou, Y.**, Liu, J. (2021). Racial Disparities of Possessing Healthcare Power Attorney and Living Will among Older Americans: Do SES and Health Matter?. *Journal of Pain and Symptom Management*. DOI: <https://doi.org/10.1016/j.jpainsympman.2021.01.004>

7. Liu, J., Ji, B., **Lou, Y.** (2021), The impact of the COVID-19 pandemic on community services for homebound older adults: Evidence from a program evaluation. *Health & Social Care in the Community*. DOI: <https://doi.org/10.1111/hsc.13554>
6. Liu, Z., Yang, F., **Lou, Y.**, Tong, F., Yang, Y. (2021), The effectiveness of Reminiscence Therapy on Alleviating Depressive Symptoms in Older Adults, A Systematic Review., *Frontiers in Psychology*. DOI: <http://doi.org/10.3389/fpsyg.2021.709853>
5. **Lou, Y.**, Liu, J. (2020). Death Narrative in 19th Century China: How Did Newspapers Frame Death and Dying?, *OMEGA: Journal of Death and Dying*. DOI: <https://doi.org/10.1177/0030222820905946>
4. Liu, J., **Lou, Y.**, Wu, B., Mui, A. (2020). “I’ve been always strong to conquer any suffering:” Challenge and resilience of Chinese American dementia caregivers in a life course perspective. *Aging and Mental Health*. DOI: <https://doi.org/10.1080/13607863.2020.1793900>
3. Ding, K., **Lou, Y.**, Li, X (2018). Hospice Social Work: A Historical and Regional Comparative Study (in Chinese), *Journal of the Social History of Medicine and Health*.
2. **Lou, Y.** (2015). Patients’ Anticipation of Social Workers’ Gender Role in Hospice Care (in Chinese), *Chinese Social Work*. Retrieved from: <http://d.wanfangdata.com.cn/Periodical/zgshdk201524008>
1. **Lou, Y.** (2015). Gerontological Social Work Intervention with Homebound Elders (in Chinese), *Journal of Chongqing Administration School (originally named: Social Work Education)*. DOI: <https://scholar.google.com/n> and Research). DOI: 10.16817/j.cnki.csglxb.2015.01.002

## ACCEPTED OR INVITED PRESENTATIONS AT INTERNATIONAL MEETINGS

50. Gantumur, Z., **Lou, Y.**, (2025, November 2-5), Prevalence of Non-Communicable Diseases and Healthcare Utilization Among Older Adults in Mongolia. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.
49. Liu, J., Mui, A., Cheung, E., **Lou, Y.**, Sun, Q., (2025, November 2-5), Application of Community-Based Participatory Research to Support Chinese American Dementia Caregivers. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

48. **Lou, Y.**, Wu, Y., Zang, E., (2025, November 2-5), Co-evolution of Cognitive and Health Trajectories Among U.S. Older Adults with Cognitive Impairment. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

47. Wang, Y., **Lou, Y.**, Shen, H., Guo, M., (2025, November 2-5), Discrimination and Depressive Symptoms: The Role of Psychological Resilience across Racial and Ethnic Groups. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

46. Piechota, A., Mroz, E., **Lou, Y.**, Vu, T., Gad, D., Monin, J., (2025, November 2-5), Sharing Future Concerns About Dementia: Differences in Care and Logistical Planning Concerns Across Dyad Members. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

45. Inoue, M., Li, M-H., **Lou, Y.** (2025, November 2-5), Legal challenges in advance care planning: An analysis of U.S. court cases. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

44. Li, K., **Lou, Y.**, Wang, J., (2025, November 12-15), Trajectories of Social Isolation and Loneliness and Advance Care Planning among U.S. Older Adults. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

43. Wang Y., **Lou, Y.**, Shen, H., Guillermo, E. (2025, November 12-15), Intersectional Discrimination and Mental Health in Later Life: Ageism as a Core Dimension. Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

42. Ding, K., **Lou, Y.**, Carr, D. (2025, November 12-15), Living Alone and Advance Care Planning: Do Neighborhood Cohesion and Disorder Matter? Gerontological Society of America 2025 Annual Scientific Meeting. Boston, MA, U.S.

41. **Lou, Y.**, Lin, Z., Wu, B., Gantumur, Z., Chen, X., (2025, November 10-11), Does Cognitive Misperception Affect the Timing of Completing Advance Directives? Yale Workshop for Journal of Aging & Social Policy (JASP) Special Issue “Aging and End of Life Care: Global Perspectives on Care Provision, Quality, Costs, and Technology”. Yale University. New Haven, CT, U.S.

40. Inoue, M., Li, M-H., **Lou, Y.** (2025, November 2-5), Legal challenges in advance care planning: An analysis of U.S. court cases. American Public Health Association (APHA) 2025 Annual Meeting and Expo, Washington D.C, U.S.

39. **Lou, Y.** (2025, July 24), Cross-country Comparison on End-of-life Care Practice and Policy. Columbia China Center for Social Policy Lightning Talks. New York, NY, U.S.

38. **Lou, Y.** (2025, June 4-5), Beyond Grey Digital Divide: Unpacking ICT Inequities and Barriers Among Older Adults from Disadvantaged Backgrounds. International Conference on Aging and Technology, Shanghai, China.

37. Gong, J., **Lou, Y.**, Zang, E., (2025, April 8-9), Spousal Spillover: How Husbands' Retirement Impacts Wives' Time Use in China. 2025 University of Maryland (UMD) Time Use Conference. College Park, MD., U.S.

36. Liu, J., **Lou, Y.**, Cheung, E., (2025, January 15-19), Using a Community-Based Participatory Approach to Develop a Culturally Sensitive Intervention for Chinese American Family Caregivers. Society for Social Work and Research 29<sup>th</sup> Annual Conference. Seattle, WA, U.S.

35. Liu, J., **Lou, Y.**, Cheung, E., (2025, January 15-19), ICT Use and Depressive Symptoms Among Asian American Older Adults during the COVID-19 Pandemic. Society for Social Work and Research 29<sup>th</sup> Annual Conference. Seattle, WA, U.S.

34. **Lou, Y.**, Liu, J., Ding, K., (2025, January 15-19), "I Am Too Exhausted to Be Proactive": Challenges in Navigating End-of-Life Care for Parents with Dementia in China. Society for Social Work and Research 29<sup>th</sup> Annual Conference. Seattle, WA, U.S.

33. **Lou, Y.**, Liu, J., Carr, D., Pei, Y. (2024, November 13-16), Chinese Older Adults' Preferences for Involvement in End-of-Life Care Decisions: Causes and Outcomes. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.  
**\*Chair for the symposium:** End-of-Life Care and Decision-Making in China: How to Improve End-of-Life Care Quality?

32. Pei, Y., **Lou, Y.**, Qi, X., Zhu, Z., Wang, J., Wu, B., (2024, November 13-16), Pain, Place of Death, and Use of Pain Treatment at the End of Life: Urban-Rural Difference Among Chinese Older Adults. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

31. **Lou, Y.**, Liu, J., Ding, K., (2024, November 13-16), "I Am Too Exhausted to Be Proactive": Challenges in Navigating End-of-Life Care for Parents with Dementia in China. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

30. Liu, J., **Lou, Y.**, Cheung, E., (2024, November 13-16), Volunteering of Former Dementia Caregivers: A Pilot Intervention Study in the Chinese American Community. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

29. **Lou, Y.**, Mroz, E., Fried, T., Zang, E., (2024, November 13-16), Are Caregivers More Likely to Engage in Advance Care Planning? Examination by Race and Ethnicity. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

28. **Lou, Y.**, Lin, Z., Chen, X., (2024, November 13-16), Does Cognitive Misperception Affect the Timing of Completing Advance Directives? Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

27. **Lou, Y.**, Vu, T., Piechota, A., Monin, J. (2024, November 13-16), Emotion Regulation in People Living with Dementia and Their Spouses: The Role of Neuropsychiatric Symptoms. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

26. Bloom, R., **Lou, Y.**, Monin, J., Fried, T., Falzarano, F., Mroz, E., (2024, November 13-16), Linking Dementia Caregiving Experiences with Expectations of Future Health Care Navigation. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

25. Wong, J., Lu, S., **Lou, Y.**, Zang, E., Carr, D., (2024, November 13-16), A Novel Time Use Approach on Successful Aging: Racial and Gender Disparities in Daily Productive Engagement. Gerontological Society of America 2024 Annual Scientific Meeting. Seattle, WA, U.S.

24. **Lou, Y.**, Gong, J., Zang, E., (2024, July 21-22), Care recipients' cognitive trajectories and caregivers' caregiving intensity and difficulties: A group-based longitudinal analysis. 2024 NHATS/NSOC Conference on Caregiving to Older Adults with Dementia. Ann Arbor, MI, U.S.

**\*Received honoraria funding of \$5000**

23. **Lou, Y.**, Vu, T., Piechota, A., Monin, J. (2024, April 3-4), Emotion Regulation in People Living with Dementia and Their Spouses: The Role of Neuropsychiatric Symptoms. Annual Conference of National Institute on Aging IMbedded Pragmatic Alzheimer's disease and AD-Related Dementias Clinical Trials Collaboratory. Washington DC., U.S.

41. Fowler, NR., **Lou, Y.**, Baucco, C., Boustani, M., Monin, JK., (2024, October 29-November 1), Interpersonal effects of ADRD screening on older primary care patients and their family members wellbeing: Results from the Caregiver Outcomes of Alzheimer's Disease Screening (COADS) Trial. 17<sup>th</sup> Clinical Trials on Alzheimer's Disease (CTAD). Madrid, Spain.

21. Gong, J., **Lou, Y.**, Zang, E., (2024, August 9-13), Spousal Spillover: How Husbands' Retirement Impacts Wives' Time Use in China. American Sociological Association Annual Meeting 2024. Montreal, Canada.

20. Wong, J., Lu, S., **Lou, Y.**, Zang, E., Carr, D., (2024, June 13-14), A Novel Time Use Approach on Successful Aging: Racial and Gender Disparities in Daily Productive

Engagement. 2024 University of Maryland (UMD) Time Use Conference. College Park, MD., U.S.

**\*Conference presenter**

19. **Lou, Y.**, (2023, November 8-12), Heterogenous Effects of Medicare Benefit for Advance Care Planning Conversation by Sociodemographic Factors. Gerontological Society of America 2023 Annual Scientific Meeting. Tampa, FL, U.S.
18. Ding, K., **Lou, Y.**, (2023, November 8-12), Neighborhood Cohesion, Neighborhood Physical Disadvantage, and End-of-life Care: How Neighborhood Matters. Gerontological Society of America 2023 Annual Scientific Meeting. Tampa, FL, U.S.
17. Liu, J., Cheung, E., **Lou, Y.**, (2023, November 8-12), A Pilot Study of a Peer Mentoring Support Intervention for Chinese American Dementia Caregivers. Gerontological Society of America 2023 Annual Scientific Meeting. Tampa, FL, U.S.
16. **Lou, Y.**, Liu, J., Cheung, E., Wu, B. (2023, January 11-15). Typology of ICT Use Among Chinese and Korean Older Immigrants during the COVID-19 Pandemic. Society for Social Work and Research 2023 Annual Conference. Phoenix, AZ.
15. **Lou, Y.**, Liu, J. (2022, November 2-6), To Tell or Not to Tell: Typologies of Older Adults Preferences on Diagnosis Disclosure of Critical Illness in China. Gerontological Society of America 2022 Annual Scientific Meeting. Indianapolis, IN, U.S.
14. **Lou, Y.**, Liu, J., Cheung, E., Wu, B. (2022, November 2-6), Reopening Under COVID-19: The Impact of Reopening Society on Older Asian American's Depressive Symptoms. Gerontological Society of America 2022 Annual Scientific Meeting. Indianapolis, IN, U.S.
13. Liu, J., **Lou, Y.**, Li, L., Xu, H., Zhang Z. (2022, November 2-6), Dyadic Effects on Depressive Symptoms of Spouse Caregivers and Their Care Recipients: Evidence from China. Gerontological Society of America 2022 Annual Scientific Meeting. Indianapolis, IN, U.S.
12. **Lou, Y.**, Bern-Klug, M., Liu, J., (2022, January 12-16), Change of Health Conditions and Uptake of Advance Care Planning: Moderating Role of Race/Ethnicity. 26th Annual Conference of the Society for Social Work and Research. Washington, DC.
11. **Lou, Y.**, Bern-Klug, M., Liu, J., (2021, November 10-14), Change of Health and Change of Preferences on Life-sustaining Treatments: Evidence from a Longitudinal Dataset. Gerontological Society of America 2021 Annual Scientific Meeting. Online.

10. **Lou, Y.**, Liu, J., Wu, B., (2020, November 7-11), Power Dynamics in a Triad Relationship: Advance Care Planning for Older Adults with Dementia in China. Gerontological Society of America 2020 Annual Scientific Meeting. Online.
9. **Lou, Y.**, Carr, D., (2020, November 7-11), Racial Differences in the Impact of Subjective Life Expectancy on Advance Care Planning. Gerontological Society of America 2020 Annual Scientific Meeting. Online.
8. **Lou, Y.**, Nan, J., Ornstein., K., (2020, November 7-11), Last Place of Care and End-of-life Quality of Life in U.S.: Results from a National Representative Data. Gerontological Society of America 2020 Annual Scientific Meeting. Online.
7. Carr, D., **Lou, Y.**, (2020, November 7-11) Do Perceptions of Own and Spouse Survival Affect Advance Care Planning? Gerontological Society of America 2020 Annual Scientific Meeting. Online.
6. **Lou, Y.**, Liu, J., (2020, January 15-19), Racial and Ethnic Disparities of Advance Directives among American older adults. at Society of Social Work Research Annual Meeting. Washington DC, U.S.
5. **Lou, Y.**, (2020, January 15-19), Death Narrative in 19th Century China: How Did Newspapers Frame Death and Dying. at Society of Social Work Research 2020 Annual Meeting. Washington DC, U.S.
4. Ding, K., **Lou, Y.**, (2020, November 7-11), Racial Differences of Attitudes Towards Medical Marijuana Use among American Older Adults. Gerontological Society of America 2020 Annual Scientific Meeting. Online.
3. **Lou, Y.**, (2019, November 13-17), Death Narrative in 19th Century China: How Did Newspapers Frame Death and Dying?, at Gerontological Society of America 2019 Annual Scientific Meeting. Austin, TX, U.S.
2. **Lou, Y.**, Liu, J., (2019, November 13-17), What Matters for Completion of Advance Directives among American older adults?. at Gerontological Society of America 2019 Annual Scientific Meeting. Austin, TX, U.S.
1. Liu, J., **Lou, Y.**, Wu, B., (2019, November 13-17), Mui, A. "I've been always strong to conquer any suffering:" Challenge and resilience of Chinese American dementia caregivers in a life course perspective. at Gerontological Society of America 2019 Annual Scientific Meeting. Austin, TX, U.S.

## TEACHING

2024 -	Specialization Research for Understanding Social Work Interventions and Services, School of Social Work, Virginia Commonwealth University • Newly developed course
2022 & 2024	Advanced Research Method & Statistics, School of Social Work, Columbia University.
2021 Fall	Advanced Research Method & Statistics Lab, School of Social Work, Columbia University.
2020 Fall	Research Method III – Large Scale Data Analysis Lab, Mailman School of Public Health, Columbia University.
2020	Guest Speaker, Class: Aging – Practice, Research, and Policy, School of Social Work, Columbia University.
2019 & 2020	Guest Speaker, Class: Global Policy, School of Social Work, Columbia University.
2019	Guest Speaker, Class: Aging and Mental Health, School of Social Work, Columbia University.

## MENTORING AND STUDENT COLLABORATORS

2023 –	Doctoral student dissertation committee: 1. Diane Williams, Loyola University Chicago, School of Social Work 2. Matt Morgan, Virginia Commonwealth University, School of Social Work
2024 –	Doctoral student advisor: 3. Zoljargalan Gantumur, Virginia Commonwealth University, School of Social Work
2024 –	Graduate student collaborator: Master student collaborator: 4. Adela Jansen, Columbia University, School of Social Work 5. Kar Yee Khor, Columbia University, School of Social Work 6. ClaraGrace Marie Pavelka, Columbia University, School of Social Work 7. Qianqian Li, Yale University School of Public Health, Department of Biostatistics

8. Yanjun Wu, Yale University School of Public Health, Department of Biostatistics
9. Tianyue Jiang, Yale University School of Public Health, Department of Biostatistics

Doctoral student collaborator:

10. Jason Wong, Yale University, Department of Sociology
11. Siyao Lu, Yale University, Department of Sociology
12. Rachel Bloom, Fordham University, Department of Psychology
13. Jiaowei Gong, Harvard University, T.H. Chan School of Public Health

## **SERVICE**

2025	Presenter, Participant Council meeting (Community-engaged event), Virginia Commonwealth University Health Hub
2025	Member, MSW Termination Appeal Committee, Virginia Commonwealth University School of Social Work
2025	Member, Search committee for Associate Dean of Research, Virginia Commonwealth University School of Social Work
2025 –	Member, SRPP Program and Products Workgroup, Gerontological Society of America
2024 –	Academic Program Committee, Virginia Commonwealth University School of Social Work
2024 –	MSW Program Committee, Virginia Commonwealth University School of Social Work
2020 – 2022	Mentor, Doctoral peer mentor program, Columbia University School of Social Work
2016 – 2018	President, Asian Student Association, School of Social Service Administration, University of Chicago.
2014 – 2015	Project Organizer, University-wide Incoming Student Camp, East China University of Science and Technology.

## **Ad Hoc Reviewer**

Journal of Gerontological Social Work

Journal of Gerontology: Social Science  
Research on Aging  
Aging and Mental Health  
Journal of Applied Gerontology  
Health & Social Care in the Community  
OMEGA: Journal of Death and Dying  
International Journal of Wellbeing  
Journal of Family Studies  
Palliative Care and Social Practice  
BMC Geriatrics  
BMC Public Health

### **Conference Abstract Reviewer**

2020 – Gerontological Society of America Annual Meeting  
2025 – Annual Conference of the Society for Social Work and Research

## **CLINICAL**

### **Post-MSW**

2020.3 – 2022.5 Volunteering Social Worker, Phone Angel Program for Socially Isolated Chinese Seniors, North Flushing Senior Center, New York, NY.  
2020.6 – 2022.5 Volunteering Social Worker, English Classes for Chinese Seniors, North Flushing Senior Center, New York, NY.

### **Pre-MSW**

2017 – 2018 Intern Social Worker  
Department of Children with Hearing Loss, University of Chicago Medicine, Chicago, IL.  
2016 – 2017 Intern Social Worker  
Inspiration corporation, Chicago, IL.  
2012 – 2016 Part Time Social Worker (first year as community volunteer)  
Hospice Department, Linfen Hospital, Shanghai, China.  
2015 Intern Social Worker  
Asbury Methodist Social Service Institution, Hong Kong.

2015 – 2016	Intern Social Worker for Children Hospice Care Oncology Department, Children's Hospital of Fudan University.
2015	Intern Social Worker Gerontology Department, Zhoujiadu Hospital, Shanghai, China.

## SELECTED MEDIA APPEARANCES

### Interviews

**Lou, Y.**, Interview with Wei-Gan Du. (2020). Legislation on Advance Care Planning in China (In Chinese), *South China Daily News*. Retrieved from: <https://static.nfapp.southcn.com/content/202207/06/c6661117.html?from=weChatMessage&collID=null&appversion=9000&firstCollID=1374&date=NzA1MDBmZmQtYzJkOS0xMWU3LTgyNjUtNmM5MmJmNDcxMzA4&layer=3>

### Written Materials

**Lou, Y.**, (2019). When caring for family members with terminal cancer, what are the caregiving tips? (In Chinese), *Zhihu*. Retrieved from: [https://www.zhihu.com/question/328796159/answer/721266384\\_d](https://www.zhihu.com/question/328796159/answer/721266384_d)

Nan, J., Ding, K., **Lou, Y.**, (2019). Is Euthanasia the only option when facing death in China? (In Chinese), *Peng Pai News*. Retrieved from: [https://www.thepaper.cn/newsDetail\\_forward\\_3154694](https://www.thepaper.cn/newsDetail_forward_3154694)

## PROFESSIONAL AFFILIATIONS

Fellow, Tokyo Foundation for Policy Research (Sylff)  
 Fellow, Clin-Star Clinician-Scientists Transdisciplinary Aging Research Coordinating Center  
 Fellow, Columbia Population Research Center (CPRC)  
 Fellow, Columbia China Center for Social Policy  
 Pre-dissertation Fellow, Association for Gerontology Education in Social Work (AGESW)  
 Member, University of Minnesota-Twin City, Life Course Center  
 Member, Nippon Foundation Scholars Association  
 Member, Society for Social Work and Research (SSWR)  
 Member, Gerontological Society of America (GSA)  
 Affiliated faculty, Zang's Computational Aging, Family, and Evidence Lab (Z-CAFE) at Yale