

Christina Remmers, M.S.W.

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Education

Master of Social Work, University of North Carolina at Charlotte, May 2012

Bachelor of Science, Human Development, Virginia Polytechnic Institute and State University, May 2009

Concentration: Child and Adolescent Development

Minor: Psychology

Professional Experience

Jan. 2018 – Present

Field Education Coordinator

Richmond, VA

Virginia Commonwealth University, School of Social Work, Office of Field Education

- Plan and execute all field education events, including all student orientations and community partner training and appreciation events
- Manage all processes related to the Memorandum of Agreements for field placements
- Responsible for all placement agency site development
- Evaluate all course and event evaluation data to inform creation of future programming
- Serve as a faculty field liaison between students in both the undergraduate and graduate social work programs, community partners, and the School of Social Work
- Assist with processes related to matching students to field placements

Aug. 2013 - Jan. 2018

Student Success Advisor

Richmond, VA

Virginia Commonwealth University, School of Social Work, Department of Strategic Enrollment Management

- Assessed and addressed student's strengths and concerns during their time in the Bachelor of Social Work program, in areas such as curriculum planning, career development, crisis management, and academic and professional success in course and internship work, through individual, online, and group advising formats
- Created specific outreach and intervention plans for at-risk students using the Student Success Collaborative (SSC) system, and averaged a 90% retention rate among first year social work students
- Designed and executed student recruitment and student organization events
- Processed all upper level applications, and managed enrollment in upper level courses
- Coordinated Open House, Preview Day, and New Student Orientation for newly admitted students, with a specific focus on the design and facilitation of interactive program overviews and course registration activities
- Networked with campus and community agencies and partners to provide experiential learning opportunities for students
- Interacted with students using Google applications, Skype, and social media
- Reviewed ARAC and SAP appeals for students within the School of Social Work
- Maintained thorough documentation of all advising events with students
- Referred students to appropriate academic and non-academic supports, including the Campus Learning Center, the Writing Center, Financial Aid, Counseling Services, and the Wellness Resource Center
- Collaborated with faculty on how to best support students both in and out of the classroom
- Oversaw appointed student leadership in the Phi Eta Sigma Honor Society and Phi Alpha Honor Society, and assisted in the coordination of induction ceremony events
- Supervised and mentored graduate level counseling practicum students
- Served as field instructor for MSW student completing foundation field placement
- Instructed the UNIV 101 and 102 courses that focus on the first-year experience and successful transition to the collegiate environment
- Managed an advising page and UNIV 101/102 course page on Blackboard
- Developed learning outcomes and curriculum assessment measures for numerous courses
- Represented the School of Social Work on a variety of university-wide committees
- Supported the Director of Student Success in planning and operation of advising and office initiatives

June 2012 – Aug. 2013

Team Supervisor & Lead Clinician

Charlotte, NC

Intensive In-Home Therapy, Turning Point Homes Inc.

- Supervised a team of five mental health professionals
- Led both monthly and weekly team meetings
- Created system for tracking team productivity and for handling all required paperwork
- Created, monitored, and continuously assessed the clinical treatment direction for each family on the caseload
- Managed conflict, both within the team dynamic and within the family systems on the caseload
- Provided cognitive behavioral therapy based treatment to all children and their families on the caseload
- Served as a liaison between schools and community resources for all clients on caseload

Aug. 2011 - May 2012

Clinical Field Experience

Statesville, NC

Delta Unit (Adult Inpatient Psychiatric Unit), Davis Regional Medical Center

- Facilitated coping skills and process groups daily using a solution-focused or cognitive behavioral therapeutic approach for patients with a variety of mental health diagnoses
- Assessed adult patients with mental illness using a biopsychosocial assessment format
- Developed treatment and discharge plans, including making appropriate referrals in the community
- Co - facilitated family sessions as appropriate, with a specific focus on psychoeducation around mental illness and treatment

Dec. 2011 - May 2012

Match Support Specialist

Charlotte, NC

Big Brothers, Big Sisters of Greater Charlotte

- Advocated with school leadership for the needs of the students in the program, and helped create new options in the school through which the “Bigs” could better support the needs of the students
- Made in person contact with 25 matches across 3 schools monthly
- Utilized coaching and other support methods to increase effectiveness and longevity of each match
- Efficiently completed weekly documentation on all contacts made with each match, ensuring that all aspects of the service delivery model were covered

Aug. 2010 - May 2011

Research Field Experience

Charlotte, NC

The Center for Community Transitions - Support Matters Program

- Completed clinical assessments of participants in the Support Matters program
- Created codebooks and assessment strategies used for data analysis
- Created and facilitated group psychotherapy sessions for female inmates
- Organized family nights for children with incarcerated parents

Courses Taught at Virginia Commonwealth University

- **SLWK 494:** Senior Field Instruction I (3 credits) (Aug. 2018 – present)
- **UNIV 102:** Mindset for Academic Success (1 credit) (Spring 2014 – Jan. 2018)
- **UNIV 101:** Introduction to the University (1 credit) (Fall 2013 – Jan. 2018)

Service to the Virginia Commonwealth University School of Social Work

- Field Instructor, VCU School of Social Work Office of Field Education (Aug. 2016 – May 2017)
- Member, Search Committee for MSW Student Success Advisor (May 2016 – July 2016; April 2017 – July 2017)
- Member, Student Engagement Coordinator Search Committee (May 2016 – Aug. 2016)
- Member, Academic Programs Committee (Apr. 2016 – present)
- Member, B.S.W. Program Committee (Apr. 2016 – present)
- Student Organization Advisor for Phi Alpha Honor Society (Jan. 2016 – Jan. 2018)

Service to Virginia Commonwealth University & VCU Health

- Preceptor, BIOL 151 course (Aug. 2017 – Dec. 2017)
- Child Life Volunteer, VCU Health Pediatric Department (June 2017 – Aug. 2017)
- Palliative Care Unit Volunteer, VCU Health Palliative Care Unit (June 2017 – Aug. 2017)

- Member, Student Success Collaborative (SSC) Implementation Team (Jan. 2016 – Jan. 2018)
- Student Organization Advisor for Phi Eta Sigma Honor Society (Jan. 2016 – Jan. 2018)
- Member, Technology Committee for UAAB (Apr. 2016 – Jan. 2018)
- Member, First Year Experience Committee (June 2015 – July 2017)
- Member, Pre-Health Advisory Committee, Strategic Enrollment Management - Academic Advising (Mar. 2014 – Present)
- Member, Majors in Minutes Committee (Mar. 2014 – Dec. 2014)
- Member, New Student Programs Advisory Board (Mar. 2014 – Jan. 2018)
- Member, Welcome Week Planning Committee (Apr. – Aug. 2014, 2015, 2016, 2017)
- Member, UNIV 102 Curriculum Committee (Aug. 2014 – May 2015)
- Member, Focused Inquiry/Advisors Committee (Sept. 2013 – Aug. 2016)
- Member, Undergraduate Academic Advising Board (UAAB) (Jan. 2013 – Jan. 2018)

Advising Initiatives and Special Projects

- Student Success Collaborative At-Risk Student Campaign (Jan. 2015 – Jan. 2018)
- UNIV 200 MOOC Online Advising Initiative (June 2014 – Aug. 2014)
- Provost's Office Retention and Graduation Initiative (Oct. 2013 – Dec. 2013)
- Social Work Student Retention and Attrition Data Collection (Aug. 2013 - May 2014)
- BSW Communications Plan Development (Sept. 2013 – Apr. 2014)

Conference Presentations

- **Pittman, C.** Burton-Everette, S ., Johnson, S.C., & Severo, K. (2016, March). A Holistic Advising Model: Supporting students through recruitment, retention, and release. Workshop presented to academic advisors and administrators at the NACADA Region II Conference: Hyattsville, Maryland.

Professional Affiliations

- Member, National Academic Advising Association (2013 - 2017)

Awards and Honors

- Employee of the Month, Turning Point Homes, Inc., April 2013
- Outstanding Graduating MSW Student, UNC Charlotte, May 2012
- MSW 1st Year Student of the Year, UNC Charlotte, 2010 – 2011
- Phi Alpha Honor Society, UNC Charlotte, Inducted May 2011