

**CARRIE A. HARTWELL, PHD, MA, MSW, LCSW**

4107 W. Franklin Street Richmond, VA 23221

Telephone: (804)503-1074 Email:

carriehartwell@gmail.com

**EDUCATION** Dual Ph.D. in Social Work and Psychology: University of Michigan (May 2011)

Masters Certificate in Global Mental Health: Harvard Medical School (May 2007)

L.C.S.W. – Licensed Clinical Social Worker, Commonwealth of Virginia (2004 – Present)

M. A. Psychology: May 2001, University of Michigan

M.S.W. - Master of Social Work: May 1998, University of Michigan

B.S. Psychology: May 1994, James Madison University, Graduated Summa Cum Laude

**WORK EXPERIENCE** 2/04– Present

Psychotherapist/Consultant (private practice)

Richmond Consultation Services,  
Richmond, VA

- Provided therapy to individuals, couples, groups, and families
- Delivered mental health consultation to agencies and health care providers
- Developed and conducted trainings on diversity, empathy, and group dynamics to professional and paraprofessional staff at various agencies
- Presented at national psychology, social work, and medical conferences on topics related to empathy, trauma, cultural competence, diversity, and trauma
- Provided testimony as an expert witness in state and federal legal proceedings, including submitting testimony to Congress
- Areas of specialization include: trauma and traumatic brain injury, anxiety and mood disorders, lifespan development, migration and mental health (refugees)

and trafficking victims), and a wide variety of treatment approaches, including: client-centered, cognitive-behavioral, desensitization/exposure, and narrative therapies, and EMDR

9/07 – 4/12 Adjunct Faculty and Guest

Lecturer

Virginia Commonwealth University, Richmond, VA (9/08 – 4/12)

- Taught courses and delivered lectures to graduate and undergraduate social work students at Virginia Commonwealth University. Topics included clinical and diagnostic social work practice skills (an MSW course), social justice, and social work with diverse populations including refugee, undocumented, and trafficked youth in the US and abroad

1/09 – 1/10 Vice President of Child and Family

Services

Virginia Home for Boys and Girls, Richmond, VA

- Managed all children's services for the agency, including residential, foster care, outpatient, and community-based care departments, as well as a private day school
- Led strategic planning for programs, and established three new state licensed departments
- Developed and delivered agency-wide trainings focused on child and adolescent development, clinical skills, and team building

Dr. C.  
Hartwell

4/07 – 3/08 Program Manager

Foster Care, Catholic Charities,  
Richmond, VA

- Managed all administrative and clinical functions of three foster care programs for domestic, refugee, undocumented, and trafficked minors
- Developed and delivered rigorous training curricula for both staff and foster parents to enhance therapeutic service provision to culturally diverse minors and trauma survivors
- Designed and implemented program evaluation model for measuring

psychosocial outcomes

- Provided individual and group therapy to refugee, immigrant, and trafficked youth
- Maintained compliance with state licensing and national accreditation guidelines
- Represented department and served as advocate with state, federal, and non-profit partners and as a frequent speaker in regional and national conferences

3/05 – 4/07 Clinical Supervisor

Unaccompanied Refugee Minors Program, Catholic Charities,  
Richmond, VA

- Coordinated admission of unaccompanied refugee, undocumented, and trafficked youth entering foster care in the U.S. in the nation's largest program for refugee youth
- Provided clinical and administrative supervision to team of social workers, client services workers, and interns, including facilitating trainings related to trauma and cultural competence
- Completed home studies and trained foster parents in therapeutic interventions
- Provided individual and group therapy to refugee and trafficked youth

1/04- 5/06 Adjunct Faculty/Instructor

John Tyler Community College, Richmond,  
VA

- Taught course and delivered lectures to diverse group of human services and nursing students at J. Tyler Community College. Courses included Lifespan Development, Abnormal Psychology, Introductory Psychology, and History of Psychology

9/00 – 1/03 Clinical Social Worker & 9/98-8/99 University Center for  
the Child and Family, Ann Arbor, MI

- Provided therapy to individuals, families, and groups in a university-based counseling center
- Facilitated community trainings and therapeutic, psychoeducational, and support groups on topics including trauma, divorce, social skills, and individual and

family coping with mental or physical health conditions

9/00 – 8/03 Instructor/Researcher (multiple appointments) & 8/96–8/99 University of Michigan, Department of Psychology, School of Social Work,  
and Institute for Research on Women and Gender, Ann Arbor, MI

- Taught courses in Cross-Cultural Psychology, Empowerment Theory and Practice, Community-Based Research, and Field Work in Multicultural Communities
- Participated in research design, grant-writing, and the collection and analyses of data for research projects on diverse topics in psychology, social work, and women's studies
- Completed process and outcome evaluations of community service learning programs

2

Dr. C.  
Hartwell

9/99 – 5/00 Teacher

Caledonia School, Prague, Czech Republic

- Taught English as a Second Language to adults in a large international language school
- Developed and delivered customized individual and group courses in both school and business settings

4/97 – 9/97 Social Worker

Children in Need (NGO), Accra, Ghana West Africa

- Provided direct service to street children in Ghana, including street outreach, needs assessments, and mental health services, as well as family support services
- Taught literacy courses to street children and co-taught social work and cultural competence to international staff and university students
- Participated in agency administration, budgeting and planning, development

initiatives, and national and regional child advocacy

## **SKILLS**

- International and domestic clinical and administrative experience in public and private social welfare agencies
- Over 20 years experience teaching in graduate, undergraduate, and community college programs, as well as in community- and agency-based settings in the U.S. and abroad
- Over 13 years in private psychotherapy practice, with particular expertise in the areas of trauma and traumatic brain injury, mood and anxiety disorders, lifespan development, refugee and immigrant mental health, and diverse therapeutic approaches
- Commitment to culturally competent, client-centered practice and empowerment-based interventions
- Diverse research experience in psychology, social work, and gender studies, with particular interest and proficiency in community-based research, program evaluation, and qualitative methods including grounded theory
- Excellent written and oral communication skills
- Experience working with an array of technology, software, and internet-based systems, including Blackboard, Powerpoint, Word, Excel, Medisked, and other teaching/clinical programs
- Intellectual curiosity and a passion for lifelong learning and exposure to diverse experiences and ideas

## **RECENT PUBLICATIONS**

Hartwell, C. (2014). "As you are now, so once was I: A reflection on empathy when working with persons with acquired brain injury." *International Neurotrauma Letter*, 35. Available at <http://www.internationalbrain.org/-as-you-are-now-so-once-was/>.

Hartwell, C. (2011). *Former unaccompanied refugee minors: Stories of life in resettlement*. Ann Arbor, MI: Proquest.

## **REFERENCE**

### **S**

Available on

request