

CURRICULUM VITAE

Sunghwan Cho

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RESEARCH INTEREST

Aging, residential care setting, minority, policy, ethnicity, technology, mental health of older adults, healthcare access, health disparities

EDUCATION

- Aug.2019- Apr.2023 (Expected) **School of Social Work, Virginia Commonwealth University, Richmond, Virginia**
Doctor of Philosophy in Social Work
- Aug. 2016 – May 2019 **School of Social Work, Saint Catherine University and University of Saint Thomas, MN, USA**
Master of Social Work
- Mar. 2009 - Aug. 2011 **The Catholic University of Korea, Seoul, Republic of Korea**
Master of Canon Law (Theology)
- Mar. 2002 - Feb. 2009 **The Catholic University of Korea, Seoul, Republic of Korea**
Bachelor of Theology

PROFESSIONAL & MISSIONARY EXPERIENCE

- Feb. 2012 - Present **Catholic priest, Archdiocese of Seoul, Republic of Korea**
- Feb. 2018 – May 2019 **Birchwood Care Home, Minneapolis, MN, USA**
Position: Intern (Clinical)
- Completed diagnose assessments for clients with severe and persistent mental illness (SPMI)
 - Participated in daily interdisciplinary team (IDT) meeting, daily coordination for nursing, therapeutic recreation, dietary needs, housekeeping and medical records as needed for behavioral management of the patients
 - Assisted clients with their goal planning, symptom management and behavior modification
 - Located psychosocial rehabilitation opportunities for clients
 - Co-facilitated Illness Management Recovery (IMR) group
- Sep. 2017 – May 2018 **Catholic Charities – Aging Disability Services (ADS), Saint Paul, MN, USA**
Position: Intern/(Generalist/Foundation)
- Conducted psychosocial assessment for older adults with multiple and complex needs
 - Developed and monitored multi-faceted individualized care plans
 - Coordinated and evaluated treatment interventions
- Feb. 2014 – Feb. 2016 **Galhyun Catholic Church, Seoul, Republic of Korea**
Position: Assistant priest
- Provided counselling for older adults
 - Organized teams of volunteers and provided leadership training
- Feb. 2014 – Feb. 2016 **Catholic Seoul Adult Daycare Center (Galhyun Catholic Church), Seoul, Republic of Korea**
Position: Assistant director
- Provided counselling for older adults
 - Planned daily and monthly therapeutic recreation programs
 - Acted as a liaison officer for Archdiocese of Seoul
- Feb. 2014 – Feb. 2016 **Galhyun-dong Catholic Church volunteer program for a patient visitation, Republic of Korea**
Position: Director
- Conducted home visits with vulnerable older adults in crisis situations
 - Facilitated a team of volunteers to provide support to older adults
 - Fostered connections between the Catholic Seoul Adult Daycare Center and Galhyun-dong

Catholic Church volunteer program.

- Feb. 2014 – Feb. 2016 **Eunpyung-gu Catholic Sunday School Teacher Association, Seoul, Republic of Korea**
Position: Director
- Provided efficient material support to Sunday schools each parish
 - Provided scholarship support for Sunday School Teachers
- Feb. 2012 – Feb. 2014 **Guro-gu Catholic Sunday School Teacher Association, Seoul, Republic of Korea**
Position: Director
- Plan events for youths in Guro-gu town
 - Regular catechism education for Teacher Association
- Feb. 2012 – Feb. 2014 **Oryu Catholic Church, Seoul, Republic of Korea**
Position: Assistant priest
- Organized and supervised community volunteers to provide services and counselling for homebound older adults
 - Planned leadership activities to organize volunteers
- Feb. 2012 – Feb. 2014 **Oryu Catholic volunteering organization for Seoul southern correctional facility inmates, Republic of Korea**
Position: Director
- Organize and supervise community volunteers and nurture volunteer leadership
 - Regular counselling primarily for elderly inmates
- Feb. 2012 – Feb. 2014 **Oryu-dong Catholic Church volunteer program for patient visitation, Seoul, Republic of Korea**
Position: Director
- Direct provision of support to vulnerable aged persons in crisis situations
 - Provide regular home visit volunteering program with Sunday School Students
- Feb. 2002 – Feb. 2014 **Ogeum Catholic Church, Seoul, Republic of Korea**
Position: Sunday school and vice director
- Teach presentation and teaching skills
 - Developed Sunday school teachers' catechism education program
- Jan. 2003 – Jan. 2005 **ROK Army [Republic of Korea Army], Busan, Republic of Korea**
Position: Sergeant
- Participated in mandatory military service
 - Strong sense of responsibility for the tasks allocated

RESEARCH EXPERIENCE

- Nov. 2018- May 2019 **Literature Review on Evidence-based Opioid Intervention or Treatment**
- Advisor: Dr. Hee Yun Lee from University of Alabama
 - Dr. Hee Yun Lee has a similar scholarly area of interest of mine. She has gone on to study the impact of oncology and illness: a natural link to challenges associated with aging such as living with chronic and eventually terminal illness.
- Sep. 2017 – May. 2019 **Area of Emphasis in Aging (AEA) Scholar, School of Social Work, St. Catherine University - University of Saint Thomas**
- The Area of Emphasis in Aging (AEA) scholars' programs focuses on emerging practice areas and provision of additional networking, collaboration and leadership opportunities for those interested in the field of gerontology.
- *Leadership: Co-led an interdisciplinary campus wide Careers in Aging (2018) event to increase workforce development in the field of aging. Worked with community stakeholders to help offer a career fair for students. Helped organize a workshop on ageism*
 - *Scholarship: See Paper, Publication and Presentation section below*
 - *Service: See Social and Volunteer Experience*
 - *Professional development: Attended Minnesota Gerontology Society Conference 2018*

PAPERS, PUBLICATION AND PRESENTATION

Thesis

Sunghwan Cho, "A Study on the power of governance of a diocesan bishop appearing in the instruction "Apostolorum Successores"/ Graduate thesis, The Catholic University of Korea, August, 2011

Publication

Kim, K. & Burnette, D. & Sok, A. & Minhong, L. & Cho, S. (2020). Geographic proximity to neighborhood resources and psychological distress among older adults in South Korea. Journal of Aging and Mental health.

Presentation

Cho, S. & Buckley, T. & Kim, K. (2020, November). Moderating effect of races and ethnicity between technology use and social isolation. School of Social Work, Virginia Commonwealth University. Poster session presented at the meeting of Gerontological Society of America (Online)

Cho, S. & Jeong, K. (2021, January). The moderating effect of social support between loneliness and depression: Differences between the young-old and the old-old. Poster to be presented at the annual program of the society for social work and research, San Francisco, CA

Jeong, K. & Cho, S. (2020). Suicide rate change among older adults by gender, age and areas in South Korea. Poster to be presented at the annual program of the society for social work and research, San Francisco, CA

January. 2019 Korean Cultural Association, 1330 Blair Ave, St.Paul, MN, USA

Invited for presentation "Korean Older adults past, present and future" for American-Korean adoptees and their parents by Korean Cultural Association (KCA)

RELATED EDUCATION

Sep. 2016 - Present

MSWSA; MSW Student Association"

2 hrs. per month, School of Social Work, Saint Catherine University

- Discuss and develop professional development opportunities for MSW Students
- Assist with ASWB test preparation and BOSW licensure information sessions
- Promote and organize advocacy opportunities such as Day at the Capitol in April and Open Baskets in November
- Participate in social events to engage in community with fellow MSW students

Feb. 2018- May 2018

"Interprofessional Education Collaborative [IPEC]", St. Paul, Minnesota

- Completed Learning from Elder Teachers in Healthcare Teams Course
- Work with individuals of different professions to maintain a climate of mutual respect and shared values when working with older adults
- Used one's own knowledge and those of other professions to appropriately assess and address the health care needs of patients.
- Gained clinical experience on an interprofessional healthcare team to promote and advance the health of general population.

February, 2018

"Interprofessional workshop"

Sponsored by the Departments of Dietetics/Nutrition, Nursing, Occupational Therapy, Physical Therapy, Public Health, Respiratory care and Social work, Saint Catherine University

- Gained educational experience developing a care plan for an older adults from the Hmong community that was based on best practices and ethical guidelines from multiple disciplines.

November, 2017

"Vulnerable Adult Mandated Reporter Training"

Successful Completion of Online Course Offered by the Minnesota Department of Human Services

- Become familiar with Minnesota's Vulnerable Adults Act
- Gained understanding of the definition of maltreatment
- Learned the reporting requirements for mandated reporters and how to make maltreatment reports to the Common Entry Point.

October, 2017

"Quality of Life for Long-Term Care Residents: Predictors, Disparities, and Directions for the Future"

Presented by: Tetyana Shippee, Ph.D./ Associate Professor, University of Minnesota EBENEZER, Part of Fairview Health Service, Saint Paul, MN, USA

- Learn about the measures of quality of life in Minnesota nursing homes
- Gain better understanding of what factors influence the quality of life scores
- Examine disparities in quality of life by race/ethnicity and factors playing a role in such

disparities

September, 2017

Dementia Friends Champion Training

Presented by Dementia Friends Minnesota Team

Carondelet Village, 525 Fairview Ave South, St. Paul, MN, U.S.A

- Dementia Friends is a global movement that is striving to create more dementia friendly communities by changing the way people think, act, and talk about dementia.
- Learned what dementia is and tips for communicating with people who have dementia.
- Gained a new understanding of dementia into a practical action that can help someone with dementia living in a community.

February 2017

Gay and Gray Speaking Evet, University of St. Thomas

- The MSW AEA scholars hosted Marsha Berry from Training to Serve, who conducts training focused on the unique needs of LGBTQ elderlies

AWARDS, HONORS, AND SCHOLARSHIPS

April.27. 2018

42nd Annual MGS (Minnesota Gerontology Society) conference

- MGS Conference Attendance Scholarship recipient

SOCIAL AND VOLUNTEER EXPERIENCE

Nov. 2018- May 2019

Tech and reference desk assistant, University of St. Thomas- O'Shaughnessy Frey Library Center

March, 2018

MSW OPEN HOUSE volunteer, Saint Catherine University

Apr. 2018

Careers in Aging Week (Career fair) Planning Team member

Nov. 2017- Feb. 2018

Forging partnership with Honouring of Choices, Lyngblomsten assisted living facility, and School of Social Work to provide community education related to advanced healthcare directives

December, 2017

The Estates of Chateau nursing home - Putting up holiday decorations for the residents

November, 2017

Open holiday gift baskets for community members living with Severe and Persistent Mental Illness, South Cross Community Church

November, 2017

The Ebenezer Care Center - Putting up holiday decorations with the residents

September, 2017

The Target Field - The Alzheimer's Association Walk to End Alzheimer's

Sep. 2006 – Feb. 2007

Seoul municipal home for the aged, Seoul, Republic of Korea

- Provided services to the aged such as distribution of meals and cleaning rooms

Mar. 2006 – Jul. 2006

The Catholic University of Korea, Seoul, Saint Mary Hospital Hospice Center, Seoul, Republic of Korea

- Provided patient-centered service such as shower, massage and conversation