

Miriam Kuttikat, PhD, MSW, MA

School of Social Work
Virginia Commonwealth University
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Updated: July 2021

PROFESSIONAL OBJECTIVE: To bring innovation to migrant inquiry and practice by (a) embracing community-based participatory research practices that advances evidence based, culturally appropriate family health interventions; (b) teaching, mentoring and training that reflects a commitment to critically reflective, and culturally conscious knowledge-sharing; and, (c) establishing and sustaining successful community partnerships with migrant communities locally and abroad that serve to inform effective social work practice and responsive migrant health-related policies.

RESEARCH INTERESTS: Daily life stressors and family conflict that affect the health and well-being of migrant families ; Social and cultural factors at individual, family and community levels that support migrant family resilience; The interface of acculturation stress and poverty, racism and discrimination; The design and implementation of evidence based, culturally appropriate family-based health interventions that address migrant families' multi-dimensional needs, changes, and complexities overtime.

TEACHING INTERESTS: Social work research for clinical practice; Foundations of research in social work practice; Social justice and oppressed groups; Theory and philosophy for social work practice; Clinical social work practice; Social work practice in mental health; Practice with migrants and refugees; U.S. migration policies and human rights; International social work; Community based participatory research with vulnerable population.

EDUCATION:

Social Work:

University of Toronto, Factor-Inwentash Faculty of Social Work (Toronto, Canada)

Degree: Doctor of Philosophy

Area of Study: Social Work, Refugee Trauma, Women and Gender Studies

Dissertation Chair: Ramona Alaggia, PhD

Dissertation: *Sri Lankan Tamil diaspora: Migration traumatic experiences and psychological distress*

Received: November, 2009

University of Toronto, Factor-Inwentash Faculty of Social Work (Toronto, Canada)

Degree: Master of Social Work

Area of Study: Micro Social Work

Qualitative Research Report Chair: Cheryl Regehr, PhD

Qualitative Research Report: *Social context of mental illness – A qualitative study*

Received: June, 2002

Mahatma Gandhi University Rajagiri School of Social Work (Kalamassery, India)

Degree: Master of Social Work

Area of Study: Social Work, Medical and Psychiatry

Dissertation Chair: Pauline D’Cunha, PhD

Dissertation: *The effectiveness of individualised program planning (IPP) on developmentally challenged children*

Received: December, 1996

Interdisciplinary:

University of Toronto Center for Addiction and Mental Health (Toronto, Canada)

Program: Post-Doctoral Fellowship in Social etiology of Mental Illness

Department: Department of Psychiatry

Program Chair: Dr. Kwame McKenzie

Area of Study: *Long term psychological sequelae of torture related trauma among refugees*

Completed: December 2010

University of Toronto Ontario Institute of Studies in Education (Toronto, Canada)

Degree: Master of Arts in Educational Administration

Area of Study: Health Education

Dissertation Chair: Justice Marvin Zuker

Dissertation: *The roles, facilitators and challenges of health educators in Toronto*

Received: June, 2005

ACADEMIC APPOINTMENTS

Virginia Commonwealth University School of Social Work (Richmond, Virginia)

Associate Professor, with tenure. July 1, 2016 - present

Assistant Professor, tenure-track. August 15, 2011 to June 30, 2016

University of Waterloo Renison School of Social Work (Waterloo, Canada)

Assistant Professor, tenure-track. January 1, 2010 to August 14, 2011

Faculty Affiliations:

International Institute of Migration and Development, India. 2021 – present

Union Ministry of Overseas Indian Affairs Research Unit on International Migration, Center for Development Studies, India. 2014 - present.

Virginia Commonwealth University Clinical and Translational Research. 2013 - present

Virginia Commonwealth University Institute for Women’s Health. 2011 - present

RESEARCH PROJECTS AND FUNDING:

Research Project (Current):

Testing family dynamics among Eritrean migrants in the Greater Washington DC area.

Funding Source: VCU Presidential Research Quest Fund

Originally Funded: July, 2021

Total Award: \$50,000.00

Community Partner: Ebenezer Eritrean Church, Washington DC

Title/Role: Principal Investigator

Research Projects (Completed):

Family Mental Health Intervention (FMHI) for Sri Lankan Tamil Refugee Youth- A Pilot Study.

Funding Source: Virginia Commonwealth University School of Social Work Internal traveling support

Originally Funded: June, 2019

Total Award: \$1,500.00

Community Partner: Organization for Eelam Refugee Rehabilitation (OfERR), Center for Development Studies (CDS), India

Title/Role: Principal Investigator

Testing a refugee family dynamics model: A study with Sri Lankan Tamils

Funding Source: NIH Fogarty International's K01- TW 009648 International Research Scientist Development Award.

Funding: November 14, 2013 - March 30, 2018

Total Award: \$675,124.00

Community Partner: Organization for Eelam Refugee Rehabilitation (OfERR), Center for Development Studies (CDS), India

Title/Role: K01 International Research Scientist

Community readiness assessment for repatriation of Sri Lankan Tamil refugees in Indian refugee camps

Funding Source: VCU School of Social Work Internal Grant.

Originally Funded: June, 2013

Total Award: \$3,750.00

Community Partner: Organization for Eelam Refugee Rehabilitation (OfERR), Center for Development Studies (CDS), India

Title/Role: Principal Investigator

Understanding engagement in the program of Assertive Community Treatment

Funding Source: VCU School of Social Work Internal Grant.

Funding: 2012 – 2015

Total Award: \$3,750.00

Community Partner: Richmond Behavioral Health Authority (RBHA), Virginia

Title/Role: Co-Principal Investigator

Availability, utilization, and mobilization of resettlement resources by Bhutanese refugees in Richmond

Funding Source: VCU Undergraduate Research Opportunities Program (UROP)

Funding: 2012 - 2013

Total Award: \$2,000.00

Community Partner: Church World Services, Virginia

Title/Role: Student Sponsor

High suicide and high literacy: The Kerala women's paradox

Funding Source: Social Sciences and Humanities Research Council Seed Grant

Funding: 2010-2011

Total Award: \$5,000.00

Community Partner: Center for Development Studies, India (CDS), India

Title/Role: Principal Investigator

Long term psychological sequelae of torture related trauma among refugees
Funding Source: Canadian Institute for Health Research Fellowship, Canada
Funding: 2009-2010
Total Award: C\$80,000.00
Title/Role: Principal Investigator

Funding Source: Shastri Indo-Canadian Institute Fellowship, Canada
Funding: 2009 – 2010
Total Award: C\$2,500.00
Title/Role: Principal Investigator

Sri Lankan Tamil diaspora: Migration traumatic experiences and psychological distress
Community Partner: Organization for Eelam Refugee Rehabilitation (OfERR), Center for Development Studies (CDS), India
Funding Source: University of Toronto Fellowship
Funding: 2005-2009
Total Award: C\$60,000.00
Title/Role: Principal Investigator

Funding Source: Royal Bank Fellowship, Canada
Funding: 2005-2009
Total Award: C\$10,000.00
Title/Role: Principal Investigator

Funding Source: Foundation for International Training Fellowship, Canada
Funding: 2005-2009
Total Award: C\$2,500.00
Title/Role: Principal Investigator

The Roles, Strengths and Challenges of Health Educators in Toronto
Funding Source: University of Toronto Fellowship, Canada
Funding: 2004-2005
Total Award: C\$12,000.00
Community Partner: Center for Addiction and Mental Health, Canada
Title/Role: Principal Investigator

Other Research Experiences:

Graduate Research Assistant: University of Toronto Factor-Inwentash Faculty of Social Work (Faye Mishna, PhD)
September 2007 – April 2008
Project: Psychoanalysis Intervention for Children

Graduate Research Assistant: University of Toronto Factor-Inwentash Faculty of Social Work (Charmaine Williams, PhD)
September 2000 – April 2001
Project: The Impact of Cultural Competency Training for Social Workers in a Mental Health Setting

PROFESSIONAL PUBLICATIONS:

Peer Review Journal Articles:

Kuttikat, M. (in preparation). *Proverbs, and gender: The interface between proverbs and human relations in a refugee camp*. Manuscript in development.

Kuttikat, M. (in preparation). *Community Health Workers' Perspectives on parental behavior, parental practices and family relationship among Sri Lankan Tamils*. Manuscript in development.

Kuttikat, M. (under review). *A conceptual model of parenting process in a refugee camp*. Manuscript under review.

Kuttikat, M., Murphy, J., George, H., and George, D. (2021). *Post-Migration stressors, parent health and family functioning among camp refugees*. *The International Journal of Interdisciplinary Social and Community Studies*. Online available.

Kuttikat, M., Vaillancourt, A., & Massey, M.* (2018). Battered but bold: Sri Lankan Tamil refugee war experiences, camp challenges and resilience. *International Journal of Migration, Health and Social Care*, 14 (3), 245-259. doi: org/10.1108/IJMHSC-04-2017-0013

Gandhi, M., Manuel, J., & **George, M.** (2017). Understanding engagement in the Program of Assertive Community Treatment (PACT) from the perspectives of individuals receiving treatment. *Social Work in Mental Health*, 16 (4), 400-418.
doi: org/10.1080/15332985.2017.1399194

George, M. (2017). Application of Conservation of Resource Theory (COR) with camp refugees. *Migration and Development*, 6 (3), 460-478.
doi: org/10.1080/21632324.2017.1320825

George, M., Vaillancourt, A & Rajan, I. (2016). Sri Lankan Tamil refugees in India: Conceptual framework of repatriation success. *Refuge – Canada’s Journal for Refugees*, 32 (3), 73-83. doi: org/10.25071/1920-7336.40234

George, M., Manuel, J. & Gandhi, M. (2016). “Sometimes what they think is helpful is not really helpful”: Understanding engagement in the program of Assertive Community Treatment. *Community Mental Health Journal*, 52 (8), 882–890.
doi:10.1007/s10597-015-9934-9

George, M. & Jettner, J. (2016). Migration stressors, psychological distress and family - A Sri Lankan Tamil refugee analysis. *Journal of International Migration and Integration*, 17 (2), 341-353. doi: org/10.1007/s12134-014-0404-y

George, M. & Jettner, J. (2015). Impact of daily stressors on psychological distress: A Sri Lankan Tamil refugee analysis. *International Journal of Interdisciplinary Social and Community Studies*, 11 (1), 1-16. doi:10.18848/2324-7576/CGP/v11i01/53460

George, M. (2015). Ethical lessons learned from conducting refugee-based research in an Indian refugee camp. *Journal of Human Rights Practice*, 7(3), 451-465. doi: org/10.1093/jhuman/huv014

George, M., Kliewer, W., & Rajan, I. (2015). “Rather than talking in Tamil, they should be talking to Tamils”: Sri Lankan Tamil refugee readiness for repatriation. *Refugee Survey Quarterly*, 34 (2), 1-22. doi: org/10.1093/rsq/hdv004

George, M. & Jettner, J. (2015). Demographic characteristics, migration traumatic events and psychological distress among Sri Lankan Tamil refugees - A preliminary analysis. *Migration and Development*, 4 (1).125-142. doi: org/10.1080/21632324.2014.962808

George, M. & Ellison, V. (2015). Incorporating spirituality into social work practice with migrants. *British Journal of Social Work*, 45(6), 1-14. doi:10.1093/bjsw/bcu035

George, M. & Narayan, J. (2014). Revisiting the landscape of professional social work in India. *Social Development Issues*, 36(2), 53-64.

George, M. (2013). Sri Lankan Tamil refugee migration experiences: A qualitative analysis. *International Journal of Culture and Mental Health*, 6(3), 170-182. doi: org/10.1080/17542863.2012.681669

Donovan, K., Regehr, C., & **George, M.** (2013). Nursing home care for adults with chronic Schizophrenia. *Social Work in Mental Health*, 11(2), 167-183. doi: org/10.1080/15332985.2012.721740

George, M. (2012). Migration traumatic experiences and refugee distress: Implications for social work practice. *Clinical Social Work Journal*, 40(4), 429-437. doi: org/10.1007/s10615-012-0397-y

George, M. (2011). Community treatment orders: Locating a social worker's space. *Social Work in Mental Health*, 9(3), 206 -221. doi:10.1080/15332985.2010.531999

George, M. (2011). Midst of a storm: Distress of Kerala women. *Affilia: Journal of Women and Social Work*, 26(3), 304-313. doi: org/10.1177/0886109911417690

George, M. (2010). A theoretical understanding of refugee trauma. *Clinical Social Work Journal*, 38(4), 379-387. doi: org/10.1007/s10615-009-0252-y

George, M. (2010). The roles, strengths, and challenges of health educators in Toronto hospitals. *The International Journal of Interdisciplinary Social Sciences*, 5(1), 445-456. doi: org/10.18848/1833-1882/CGP/v05i01/53083

George, M. (2008). Religious patriarchy and the subjugation of women in India. *International Journal of Interdisciplinary Social Sciences*, 3(3), 21-30. doi:10.18848/1833-1882/CGP/v03i03/52558

Book Chapters:

Kuttikat, M. (2020). Conservation of resources and post-migration stress. In I.R. Sebastian & S.M. Maruthur (Eds.) *Handbook of Internal Migration in India*. Sage Publications: doi:10.4135/9789353287788.

Kuttikat, M. (2020). A synthesis of studies examining Sri Lankan refugee families in India. In I.R. Sebastian & S.M. Maruthur (Eds.) *Handbook of Internal Migration in India*. Sage Publications. doi:10.4135/9789353287788.

George, M. & Naleppa, M. (2013). Adult day services. In E. A. Capezuti, M. L. Malone, P. R. Katz & M. D. Mezey (Eds.) *The Encyclopedia of Elder Care*. (4th Ed., pp. 11-14). New York, NY: Springer. doi: org/10.1080/03601277.2014.952153

George, M. (2009). Mindfulness-based social work practice with immigrants. In S. F. Hick (Ed.). *Mindfulness and Social Work*. (pp. 149-171). Chicago, IL: Lyceum. ISBN-13: 978-0190616243

Book Reviews:

George, M. (2010) A review of Jonathan Fine's Language in psychiatry: A handbook of clinical practice. *International Journal of Social Psychiatry*, 55(1), 91-92. doi: org/10.1177/0020764008093917

George, M. (2009). A review of Parin Dossa's Racialized bodies, disabling worlds. *Affilia: Journal of Women and Social Work*, 2010, 25 (3), 328-329. doi: org/10.1177/0886109910375199

Research and Project Reports:

Kuttikat, M. (2019). *A synthesis of studies examining Sri Lankan Refugee families in Indian camps' research report to the Union Ministry of Overseas Indian Affairs research unit on International Migration, India.*

Kuttikat, M. (2018). *Sri Lankan Tamil refugee family dynamics in Indian refugee camps' project report to the Organization for Eelam Refugee Rehabilitation (OfERR), Chennai, India.*

George, M., & OfERR (2015). *Sri Lankan Tamil refugee repatriation challenges and resource development project report to the United Nations High Commissioner for Refugees - Sri Lanka. Organization for Eelam Refugee Rehabilitation (OfERR), Chennai, India.*

George, M. (2004). *Assessment and evaluation of Addiction Clinical Consultation Service (ACCS): 2000-2003 research report to the Center for Addiction and Mental Health (CAMH), University of Toronto, Canada.*

CONFERENCE, SEMINAR, AND WORKSHOP PRESENTATIONS:

Refereed Academic National and International Conference Presentations

Kuttikat, M. (2021, March). *Sri Lankan Tamil refugee war experiences, camp challenges and resiliency*. Paper presented 5th Annual South Asian Mental Health Conference (Virtual).

Kuttikat, M. (2021, March). *The cultural variations in parenting process among camp refugees*. Paper presented at the Consortium of Universities for Global Health (Virtual).

Kuttikat, M. & Murphy, J. (2021, January). *Challenges of refugee family dynamics: Perspectives of health care workers from a refugee camp*. Paper presented at the Society for Social Work and Research Conference (Virtual).

Murphy, J. Whitmore, M., & **Kuttikat, M.** (2020, May). *"If I say one time, it is like saying hundred times" - patriarchy, gendered roles and female empowerment in Sri Lankan parenting process*. International Congress of Qualitative Inquiry.

Kuttikat, M. (2019, January). *Gender, family dynamics, and resource utilization among Sri Lankan Tamil refugees*. Paper presented at the Society for Social Work and Research Conference, San Francisco, CA.

Kuttikat, M., George, H., & George, J. (2018, March). *Responsible father, comforting mother, studious brother and obedient daughter: Understanding Sri Lankan refugee family's parental behavior*. Poster presented at the Consortium of Universities for Global Health, New York, NY.

George, M., & Vaillancourt, A. (2018, January). *Addressing ethical challenges in refugee-based research*. Roundtable discussion at the Society for Social Work and Research Conference, Washington, D.C.

George, M., & Vaillancourt, A. (2017). *Application of Conservation of Resource Theory with camp refugees*. Paper presented at the North American Refugee Health Conference, Toronto, ON.

George, M. (2017). *Identifying daily stress, family conflict and health care resource gaps at the Sri Lankan Tamil refugee camps in India: Implications for developing an evidence-based family intervention for refugees*. Paper presented at the Consortium of Universities for Global Health, Washington, D.C.

George, M. & Hathway, L. (2017, January). *Exploring resource utilization and health care gaps among Sri Lankan Tamil refugee parents and adolescents in Indian refugee camps*. Paper presented at the Society for Social Work and Research Conference, New Orleans, LA.

Manuel, J., **George, M.**, & Gandhi, M. (2016, August). *Understanding the pathways to Assertive Community Treatment*. Paper presented at the National Institute of Health Mental Health Conference on Mental Health Services Research, Bethesda, MD.

George, M., & Kliwer, W., & Rajan, I. (2015, March). *“Rather than talking in Tamil, they should be talking to Tamils”*: Conceptual Framework Development of repatriation for Sri Lankan Tamil refugees. Paper presented at the Consortium of Universities for Global Health, Boston, MA.

George, M., & Kliwer, W. (2015, January). *A Community readiness assessment for repatriation of Sri Lankan Tamil refugees in Indian refugee camps*. Paper presented at the Society for Social Work and Research Conference, New Orleans, LA.

George, M., Vaillancourt, A., & Rajan, I. (2014, December). *“I want to see a new Sri Lanka with no war, no fights, no bombs, A good Sri Lanka”*: Sri Lankan Tamil refugees in India. Paper presented at the International Conference on Community Empowerment, Coping, Resilience and Hope, Hyderabad, India.

George, M. (2013, October). *Being present: Revisiting the social work profession in India*. Paper presented at the International Conference in Social Science and Humanities, Izmir, Turkey.

George, M. (2012, March). *Migration traumatic experiences and psychological distress among Sri Lankan Tamil refugees in India and Canada*. Paper presented at the World Congress of Cultural Psychiatry, London, UK.

George, M. (2011, October). *Spirituality-based social work practice with immigrants and refugees*. Paper presented at the International Conference in Social Science and Humanities, Izmir, Turkey.

George, M. (2010, October). *Contextualizing refugee psychological distress: A Sri Lankan Tamil refugee study*. Paper presented at the Council on Social Work Education Annual Program Meeting, Portland, OR.

George, M. & Vaillancourt, A. (2010, October). *Shifting the recovery model paradigm: Positioning anti-oppressive practice and ecology-based social work practice in mental health services with women consumers*. Paper presented at the Women’s Mental Health Conference, Toronto, ON.

George, M. (2010, August). *The roles, strengths and challenges of health educators in Toronto*. Paper presented at the Fifth International Conference on Interdisciplinary Social Sciences, Cambridge, UK.

George, M. (2009, October). *Recovery-based continuing care for individuals with chronic Schizophrenia*. Paper presented at the Council on Social Work Education Annual Program Meeting, San Antonio, TX.

George, M. (2008, October). *A Theoretical understanding of refugee trauma*. Paper presented at the Council on Social Work Education Annual Program Meeting, Philadelphia, PA.

George, M. (2008, July). *Religious patriarchy and the subjugation of women in India*. Paper presented at the Third International Conference on Interdisciplinary Social Sciences, Florence, Italy.

George, M. (2008, May). *Understanding refugee mental health*. Paper presented at the Canadian Association of Refugees and Forced Migration Studies, Toronto, ON.

George, M. (2008, May). *Impact of settlement/unsettling on refugee mental health: Issues to consider*. Paper presented at the Canadian Association of Social Work Conference, Toronto, ON.

George, M. (2008, April). *Integrated understanding of refugee trauma*. Paper presented at the international Psychiatric Rehabilitation Conference, Boston, MA.

George, M. (2007, October). *Social work education in India: Towards a community student-educator partnership model*. Paper presented at the Council on Social Work Education Annual Program Meeting, San Francisco, CA.

George, M. (2007, June). *Gender and racial challenges among health educators*. Paper presented at the Canadian Association of Continuing Health Education Conference, Quebec City, Canada.

George, M. (2007, August). *Information technology and health education*. Paper presented at the Human Service Information Technology Applications Conference, Toronto, Canada.

George, M. (2007, June). *Health educators and Continuing Professional Education Development (CPED) in Toronto hospitals*. Paper presented at the International Conference on Health Promotion and Education, Vancouver, Canada.

**OTHER PRESENTATIONS, EDUCATION, TRAINING AND GUEST SPEAKING:
(local, state, national & international audiences):**

May 17, 2021 "*Stigma, mental health & families.*" Guest panelist as part of Virginia Family Network (VFN) panel discussion, National Alliance on Mental Illness of Virginia (Virtual).

December 17, 2020 "*Refugee research in camp settings.*" Guest panelist as part of Refugee Aid panel discussion, University of Toronto (Virtual).

February 10, 2017 "*Sri Lankan Tamil adolescents in refugee camps.*" Guest presenter for VCU Health Pediatric Residents, VCU School of Medicine, Richmond, VA.

October 14, 2016 "*Professional Social Work.*" Guest presenter for Robious Middle School, Chesterfield County Public Schools. Midlothian, VA.

July 18, 2016 "*Complex family dynamics and parenting strategies.*" All day workshop presented for OfERR health workers, Organization for Eelam Refugee Rehabilitation (OfERR), Tamil Nadu, India.

March 4, 2015 "*Battered but, Bold: Sri Lankan Tamil refugee lives, struggles and resiliency.*" Guest presenter at the research sharing meeting, VCU School of Social Work, Richmond, VA.

January 23, 2015 "*Sri Lankan Refugees at the Indian Camps: A community in Limbo for Generations. Camp refugee research.*" Guest presenter at the Berglund Seminar for Honors college students, Virginia Commonwealth University.

July 22, 2014 "*Interpreting trauma and distress questionnaire symptoms in Tamil language and culture.*" All day workshop presented for OfERR health workers, Organization for Eelam Refugee Rehabilitation (OfERR), Tamil Nadu, India.

July 14, 2014 "*Primary and middle school education in America.*" All day workshop presented for OfERR health workers, Organization for Eelam Refugee Rehabilitation (OfERR), Tamil Nadu, India.

January 20, 2014 *"Camp refugee mental health."* Guest presenter for VCU Clinical Psychology Students, VCU Department of Psychology, Richmond, VA.

March 12, 2013 *"Daily Stressors and Psychological Distress - Analysis from South Asian Refugee Camps."* Guest presenter for VCU Clinical Psychology Students, VCU Department of Psychology, Richmond, VA.

April 27, 2012 *"Mental health assessment for refugee children"* Guest presenter, Richmond Refugee Dialogue, Richmond, VA.

March 9, 2012 *"Holistic Culturally Competent Assessment and Intervention with Immigrants and Refugees Experiencing Trauma."* All day Workshop for the Office of Continuing and Professional Studies, VCU School of Social Work, Richmond, VA.

February 25, 2011 *"Sri Lankan Tamil refugees in Canada and India: A comparative analysis"* Guest presenter, Indo-Canadian Association, Waterloo, ON.

June 9, 2010 *"Refugee Mental Health Assessment and interventions."* All day workshop presented for case workers, Catholic Cross-Cultural Services, Toronto, ON.

TEACHING EXPERIENCE:

Virginia Commonwealth University School of Social Work (Richmond, Virginia)

PhD Program:

- Doctoral Faculty Advisor
- Dissertation Committee Member
- Social Work Teaching Practicum (SWKD 896)

MSW Program

- Social Work Research for Clinical Practice I (SLWK 706)
- Social Work Research for Clinical Practice II (SLWK 707)
- Concentration Social Policy: U.S. Migration Policies and Human Rights. (SLWK 710)
- Foundations of Research in Social Work Practice (SLWK 609)
- Social Work and Social Justice (SLWK 603)
- Independent Study: Global Migration and Refugees

BSW Program

- Social Work and Oppressed Groups (SLWK 311)
- Communication in the Helping Process (SLWK 230)
- Introduction to Social Work -Service Learning (SLWK 201)

DOCTORAL DISSERTATION AND SUPERVISION

Dissertation Committee Member:

Dissertations In Process:

- Hilary Stim 2019 - present, *The Experience of Refugee Youth in Public Schools*. VCU School of Social Work

Dissertations Completed:

- Le, Anh - Thuy (December 2019). *Acculturative stress and depressive symptoms and anxiety symptoms in Asian American emerging adults: Identifying Moderators and mediators*. VCU Department of Psychology
- Ward, Chris. (Inc.). *Role of Certificate of Need in Providing Nursing Home Facility Care Among the Older Adult* [working title]. VCU School of Social Work.
- Borre, Alicia (December, 2016). *Adjustment profiles among youth in diverse cultural contexts: Individual, family and contextual influences*. VCU Department of Psychology
- Sera Mathew (May, 2016). *Resistance, Agency and Violence: Dalit Women's Education in Kerala, India*. West Virginia University College of Education and Human Services.

Doctoral Research Assistant Supervision

Jennifer Murphy, 2019 - 2021

Dave Sosnowski, 2015 - 2019

Lindsay Rollins Heaton, 2017

Michael Massey, 2014 - 2016

Rachel Casey, 2014 - 2015

Cynthia George, 2012 - 2013

Jennifer Jettner, 2012 - 2014

Doctoral Advisor

Amy Prorock-Ernest, 2011 - 2012

MASTERS AND UNDERGRADUATE STUDENT SUPERVISION

Masters & Undergraduate Research Assistant Supervision

McKenna Whitmore, 2019

Lindsey Hathaway, 2016 - 2017

Charlene C. Smith, 2013 - 2014

Diana Subkhangulova, 2012 - 2014

Vanessa Ellison, 2011 - 2012

Field Instructor

Diana Subkhangulova, Reestablish Richmond, 2013 - 2014

Diana Subkhangulova, Virginia Council of Churches, 2012 - 2013

Nicky Zamostny, Tabernacle Baptist Church, Richmond, 2012

Rachel Moyer, Virginia Council of Churches, 2012

University of Waterloo Renison School of Social Work (Waterloo, Canada)

Program Development

International Experiential Learning Program: International Context of Social Work Practice

Role/Title: Chair

January 2010 – August 2011

Responsibilities: Designed and developed an International Experiential Learning Program, and signed a contract agreement with Lady Doak College, Madurai, India. Served as a Chair for Experiential Learning Program and coordinated student training and internships.

MSW Program: Field Liaison

Gayathri Murali, Renison School of Social Work 2011

Nandini Saraswathi, Renison School of Social Work, 2011

BSW Program

- Selected Theories for Social Work Practice (SWREN 434R)
- Mental Health and Addiction Issues: Social Work Responses (SWREN 470R)
- International Context of Practice: An Experiential Learning (SWREN 472R)

BSW Program: Field Liaison

Julia, Read, Lady Doak College, 2011
Dyna Hobbs, Lady Doak College, 2011

University of Toronto Factor-Inwentash Faculty of Social Work (Toronto, Canada)
Instructor. August 2006 to May, 2011

MSW Program

- Practice Based Research in Mental Health and Health (SWK 4511H)
- Foundations of Social Work: Knowledge, Theory and Values that Inform Practice (SWK 4107H)
- Social Work with Immigrants and Refugees (SWK 4658H)

MSW Field Instructor

Stephanie Schillaci, Center for Addiction & Mental Health, 2008 - 2009.
Kirsten Donovan, Center for Addiction & Mental Health, 2007 - 2008.

UNIVERSITY, PROFESSIONAL AND COMMUNITY SERVICE

Academic Service - School of Social Work, Virginia Commonwealth University

Leadership Roles:

Co-Chair, Roles & Responsibilities Subcommittee Governance and Operations Committee, (2020 – 2021).
SLWK 710 course coordinator (2019-present)

Ongoing Service:

- Promotion and Tenure Committee, elected by faculty, 2018-19, 2021 - present,
- Governance and Operations Committee (2019 - present)
- Radical Alliance for Anti-Racism, Change & Equity (RAACE) (2020 - 2021)
- Research Advisory Committee member (2020 - 2021)
- Academic Program Committee (2011 – 2019)
- MSW Program Committee (2016 – 2019)
- Rewards and Recognition Committee, subcommittee (2015 - 2018)
- MSW Application Reviewer (2011 - 2018)
- BSW Program Committee (2011 – 2016)
- Scholarships and Awards Reviewer (2017, 2016, 2014)
- BSW Portfolio Reviewer (2011 - 2017)
- Graduation Ceremonial Duty (2014)
- BSW Program Sub-Committee for Research (2012 - 2013)

- BSW Program Assessment and Quality Reviewer (2012 - 2013)
- Academic Standards Committee (2012 - 2013)
- MSW & BSW Student Advisor (2012 - 2013)
- Grievance Committee (2012)
- Hans Falck Dissertation Scholarship Reviewer (2012)

Academic Service - Virginia Commonwealth University

- University Council, elected by faculty, (2017 – 2021); Alternate (2014 – 2017)
Member, Faculty Affairs Sub-Committee (2019 – 2021)
- University Grievance Panel, elected (2019 – present); Alternate (2018 – 2019)
- Council of Community Engagement (2019 – present); Alternate (2012 – 2019)
- School of Social Work Dean Search Committee (2017 – 2018)
- University Provost Search Committee (2014 – 2015)
- Annual Graduate Student Symposium Reviewer (2014)

Academic Service - University of Waterloo Renison School of Social Work, Canada

Leadership Roles:

Chair, International Context of Social Work Practice (2010 - 2011)

Completed Service

- Faculty Search Committee (2010 - 2011)
- Curriculum Committee (2010 - 2011)
- Practicum Committee (2010 - 2011)
- Scholarships and Awards Committee (2010 - 2011)

Academic Service - University of Toronto, Canada

- University of Toronto Field Instructor (2007 - 2009)
- University of Toronto Social Work Faculty Search Committee (2001- 2002)

Service to Social Work Profession:

- **External Reviewer**
Brigham Young University
- **Society for Social Work Research (SSWR)**
Annual Meeting Session Moderator:

(2020): “Reducing Racial and Economic Inequality”

(2018): "Migrants, Refugees & Community violence"

(2016): "Across Migration Contexts: Deportation, Repatriation or Integration"

- **International Conference in Social Science and Humanities**

Session Moderator (2011): "Migration and Development"

- **Interdisciplinary Peer Review**

Editor: International Journal Interdisciplinary Journal of Social Science, 3(3)

Peer Reviewer

Journal of Human Rights Practice

Journal of International Migration and Integration

Journal of Immigrant and Refugee Studies

Social Psychiatry and Psychiatric Epidemiology

Journal of Immigrant and Minority Health

British Journal of Social Work

Clinical Social Work Journal

Interdisciplinary Journal of Social Science

Social Work in Mental Health

Migration & Development

- **Other Services**

SSWR Immigrant and Refugees Special Interest Group:

- Immigrant and Refugee Specific Region subgroup

- Immigrant and Refugee Mental Health and Wellbeing subgroup

Service to Community:

Frontline volunteer: Indian network of the diaspora for essential aid and relief

Member: APA Division 35 Committee for Adolescent Girls

Member: Virginia Family Network, NAMI VA.

SOCIAL WORK CLINICAL PRACTICE AND ADMINISTRATION EXPERIENCE:

- Center for Addiction and Mental Health (Toronto, Canada)

August, 2000- March, 2010

Addiction Clinical Consultation Service (ACCS)

Clinical Coordinator & Clinical Social Worker

Responsibilities: Responsible for providing clinical consultation and overseeing the clinical activities across the province of Ontario.

Workplace Safety & Insurance Body (WSIB) Psychological Trauma Program
Program Coordinator & Clinical Social Worker

Responsibilities: Individual, and family counseling for individuals who are involved with Workplace Trauma. Responsible for care coordination in Psychological Trauma Program.

Program of Assertive Community Treatment (PROACT)

Clinical Social Worker:

Responsibilities: Provide both initial and ongoing assessment of Adult Assertive Community Treatment Team. Collaborate with other team members to ensure client centered care to both mental health and co-occurring individuals through a variety of treatment services, including individual and group therapy, and crisis management, as well as daily clinical consultation with staff and clients.

CONSULTATION

- Organization for Eelam Refugee Rehabilitation (OfERR), India
Trainer & Community Consultant (2007 - present)

OfERR is a Sri Lankan Tamil refugee run organization in Indian refugee camps. Consultation provided in the areas of enhancing Sri Lankan Tamil refugees' community awareness on family conflicts, family mental health and women's' health in the camp, and developed interventions to address the complex family dynamics.

- Catholic Cross-Cultural Services, Toronto
Consultant (2008 -2010)

Catholic Cross-Cultural Services' one of the priority area is families in settlement which provide settlement support to families as a unit. Consultation provided in the areas of specialized needs assessment for families, and developing unique intervention models to address the settlement challenges.

HONORS AND AWARDS

Social Justice Award for Radical Alliance for Anti-Racism, Change and Equity (RAACE), May, 2021

National Institute of Health Fogarty International's K01 International Research Scientist Development Award, November 2013

Oxford Fellow, Harris Manchester College, Oxford University, U.K. June, 2012

Lois Claxton Excellence in Research Award, Canada, January 2011

Canadian Institute for Health Research Fellow, Canada, January, 2010

Social Sciences and Humanities Research Fellow, Canada, May 2010

Shastri Indo-Canadian Institute Fellow, Canada October 2009

Royal Bank Fellow, Canada, October 2007

MEDIA COVERAGE & FEATURES

- July 2017: Work featured in Richmond's Style Weekly magazine. "Painting a New Path." Cover story. <http://richmondmagazine.com/news/features/painting-a-new-path/>
- April, 2016: Invited Interview featured in Ozy on-line magazine. "The refugees who don't want to go back home." Cover story. <http://www.ozy.com/acumen/the-refugees-who-dont-want-to-go-back-home/67462>
- July 2014: Invited interview featured in VCU News. "Man-made disasters fuel worldwide refugee crisis, professor says." Cover story. http://news.vcu.edu/article/Manmade_disasters_fuel_worldwide_refugee_crisis_professor_says
- February 2013. Work featured in Richmond's Style Weekly magazine. "Saving the saved: How refugees from the Chin state of Burma helped resurrect a historic Richmond church, one family at a time." Cover story.

Select Professional Development Activities:

- Introduction to Murray Bowen's Theory of Human Functioning. The Bowen center for the study of the family, 2021 -2022
- Fundamentals of Research Coordination, John Hopkins University School of nursing, 2021

- New Frontiers in Global Health Research Workshop, Fogarty International Center, National Institute of Health, 2018.
- Global Mental Health Workshop, National Institute on Minority Health and Health Disparities, National Institute of Health, 2017.
- Trauma Networking Meeting and Grant Development Workshop, Fogarty International Center, National Institute of Health, 2017.
- Service-Learning Institute, Department of Community Engagement, Virginia Commonwealth University, 2013.
- Ethnographic Fieldwork, Institute of Social and Cultural Anthropology, University of Oxford, U.K., 2012.
- Community Engagement Core Academy, Department of Community Engagement, Virginia Commonwealth University, 2012.
- Knowledge Translation (KT) and Community Capacity Building, Social Aetiology of Mental Illness (SAMI), University of Toronto, Canada, 2011.
- Community Based Participatory research (CBPR), Social Aetiology of Mental Illness (SAMI), University of Toronto, Canada, 2010.
- Community Collaborative Research and Grant Writing, Social Aetiology of Mental Illness (SAMI), University of Toronto, Canada, 2010.

Current Professional Organizational Memberships:

Society for Social Work and Research (SSWR)
 Council on Social Work Education (CSWE)
 Consortium of Universities for Global Health (CUGH)
 Asian American Psychological Association (AAPA)
 South Asian Mental Health Consortium (SAMHC)
 South Asian Social Work Educators' Association (SASWA)