

Britney Pitts, LCSW

pittsb@vcu.edu

Education:

Virginia Commonwealth University; Richmond, VA Doctor of Philosophy in Social Work	Expected 2023
University of Maryland School of Social Work; Baltimore, MD Master of Social Work: Clinical	May 2015
Virginia Commonwealth University; Richmond, VA Bachelor of Science: Sociology, Minor Biology	May 2013

Work Experience:

The City of Alexandria, Alexandria, VA **July 2018-Present**
Early Childhood Wellness Program (Formerly-Preschool Prevention Team)

Early Childhood Mental Health Consultant

- Provides mental health consultation at the individual student and family, classroom, and programmatic levels.
- Enters pre and post data from Pre-Kindergarten Behavior Scales into database and prepares reports on social emotional functioning in each classroom according to assessment results.
- Uses coaching strategies to increase teacher and preschool staff capacity to support social emotional development and decrease challenging behaviors.
- Develops and delivers training to teachers and preschool staff on early childhood mental health and related topics.
- Oversees implementation of social-emotional learning curriculum in 15 classrooms throughout the City of Alexandria.
- Serves as task supervisor for graduate student intern.
- Ensures accuracy and timely submission of documentation.

The University of Maryland School of Social Work, Baltimore, MD **April 2016-July 2018**
Promise Heights Initiative

Program Coordinator for the Parent University Program

- Coordinated the implementation of ten week parenting education program for caregivers in West Baltimore.
- Supervised staff of social workers, MSW interns, and community peer leaders.
- Recruited participants via neighborhood canvassing, social media, and other community outreach approaches.
- Made decisions about inventory, ordering, and catering for program based on program budget.
- Collected, entered, and analyzed data on responsive parenting skills and developmental knowledge of program participants.
- Created reports summarizing program outcomes to include in grants and other funding opportunities.

Early Childhood Mental Health Consultant

- Implemented social and emotional learning curriculum in all early childhood classrooms.
- Provided individual, group, and family therapy and case management.
- Provided consultation services to teachers and administration for classroom interventions.
- Conducted parent workshops on mental health related topics.
- Delivered teacher and staff trainings on mental health related topics.

Field Instructor (Master of Social Work students)

- Completed and reviewed the learning contract, monthly process recordings, monthly reports, mid-year and end-of-year evaluations, and other assignments as needed.
- Provided weekly supervision sessions which may include field or academic support.
- Integrated class assignments into the field environment.
- Delivered feedback regarding progress and areas for growth in online student management system.

Britney Pitts, LCSW

pittsb@vcu.edu

The Children's Guild, Baltimore, MD

August 2015-April 2016

Outpatient Mental Health Clinic

School-Based Therapist (Pre-k to 8th Grade)

- Completed biopsychosocial assessment upon intake.
- Developed treatment plan and updated treatment goals quarterly or as needed.
- Connected clients and families to community referrals based on needs.
- Provided individual weekly therapy with each client in school and monthly family therapy sessions.
- Facilitated groups for clients based on needs and treatment goals.
- Collaborated with school administration and teaching staff to provide classroom-wide interventions.

Upper Chesapeake Medical Center, Bel Air, MD

Sept. 2014-April 2015

Family Birthplace

Graduate Intern

- Completed intake risks assessment for women who have delivered.
- Interviewed patients indicating high risks (drug exposed/affected newborns, adoptions, surrogacy, fetal demise, mental health history).
- Connected families with community referrals based on needs.
- Identified and provided follow-up resources for patients post-discharge.
- Documented case management and patient interaction in online medical record system.

University of Maryland School of Social Work, Baltimore, MD

Promise Heights Initiative

Graduate Intern

Sept. 2013-April 2014

- Provided individual therapy and case management for students with behavioral difficulties in the classroom.
- Conducted social skills groups.
- Implemented social and emotional learning curriculum in early childhood classrooms.
- Coordinated afterschool learning parties for students and families.
- Scored assessments and prepared list of strategies for parents based on strengths and areas for improvement.
- Advocated for students at risk of expulsion.

Research Experience:

Virginia Commonwealth University School of Social Work, Richmond, VA

Sept. 2019-Present

Graduate Research Assistant to Dr. Nicole Corley, School of Social Work

Ain't I a Mother? : Using Collage as Method to Explore Black Motherhood

Funded by QSR-IIQM Research Grants for Early Career Researchers

- Coordinate with community partners for recruitment and space for data collection.
- Complete data collection (collage, focus groups) and analysis with Nvivo.

Black Mothers in Social Work Literature: A Content Analysis

- Complete coding of recent social work literature of Black mothers.
- Draft manuscript for content analysis of black motherhood in social work literature.

Britney Pitts, LCSW

pittsb@vcu.edu

Virginia Commonwealth University School of Social Work, Richmond, VA

Sept. 2019-Aug. 2020

Graduate Research Assistant to Dr. Jamie Cage, School of Social Work

Child Welfare and School Engagement: A systematic review

- Complete coding for systematic review of welfare involved students and school engagement.
- Draft manuscript of systematic review.

Other assigned tasks

- Draft grant application for qualitative research study with alternative high school.
- Draft manuscript of confirmatory factor analysis of school engagement measure for child welfare involved youth.

University of Maryland School of Social Work, Baltimore, MD

April 2014-Sept. 2014

Graduate Research Scholar to Dr. Richard Barth and Dr. Kyla Liggett-Creel

The Parent University Program

- Assisted in implementing ten-week parenting intervention program focusing on attachment and early childhood development.
- Completed pre, post, and follow up data collection with each family.
- Completed data entry and analysis in SPSS.
- Draft manuscript.

Virginia Commonwealth University, Richmond, VA

Sept. 2010-May 2011

Undergraduate Research Assistant to Dr. Danielle Dick

Spit for Science

- Recruited undergraduate research participants.

Grant Writing Experience:

QSR-IIQM Research Grants for Early Career Researchers

2020

Ain't I a Mother? : Using Collage as Method to Explore Black Motherhood

Principal Investigator: Nicole Corley, PhD

Funded \$10,000

- Contributed to developing and writing the grant application.

Spencer Foundation

2020

“Hidden World:” A Narrative Study Exploring the Academic Experiences and Histories of Students in a Remedial and Last-Chance Alternative School

Principal Investigator: Jamie Cage, PhD

Submitted

- Contributed to developing and writing the grant application.

Publications:

Liggett-Creel, K., Barth, R. P., Mayden, B., & Pitts, B. E. (2017). The Parent University Program: Factors predicting change in responsive parenting behaviors. *Children and Youth Services Review*, 81, 10-20.
doi:<http://dx.doi.org/10.1016/j.childyouth.2017.07.017>.

Cage, J., Coles, C. D., McGinnis, H. A., Yoon, S. & Pitts, B. E (2020). Validating the factor structure of the Drug Free Schools and Communities Scale for child welfare involved youth. [Manuscript submitted for publication].

Pitts, B.E. (2020). Uneasy lies the head that wears a CROWN: A critical race analysis of black hair and legal discrimination. [Manuscript in preparation].

Britney Pitts, LCSW

pittsb@vcu.edu

Guest Lectures, Presentations, & Trainings:

Campagna Center Head Start Parent Workshop <i>Understanding Challenging Behavior</i>	February 2019
Alive! Child Development Center Staff Training <i>Strength Based Language</i>	February 2019
City of Alexandria Early Childhood Wellness Program <i>Preschool and Kindergarten Behavior Scales Assessment Refresher (Video)</i>	October 2018
Campagna Center Head Start Preservice Training <i>A Lesson on Mindfulness</i>	August 2018
Maryland Family Engagement Summit <i>From Parent Participate to Parent Leader</i>	July 2018
SOWK 630: Social Work Practice with Individuals <i>Secondary Trauma and Self-Care</i>	December 2017
SOWK 631: Social Work Practice with Communities and Organizations <i>Parent University: Making Connections, Macro and Clinical Social Work</i>	November 2017
Promise Heights Graduate Intern Seminar Series <i>Professionalism in the Field</i>	September 2017
Wellesley Institute Community School Site Visit <i>Judy Center Early Childhood Mental Health Services</i>	February 2017

Awards/Honors:

Virginia Commonwealth University Black History in the Making (2020)
Virginia Commonwealth University Social Justice Award (2020)

Professional and Educational Affiliations:

Virginia Commonwealth University Doctoral Student Association, President, (2020-present)
National Association of Black Social Workers, VCU Chapter PhD Student Advisor (2019-2020)
National Black Child Development Institute, member, (2020-present)
Council on Social Work Education, member, (2019-present)
Society for Social Work and Research, member, (2019-present)
Golden Key International Honour Society, member, (2012-present)

References:

Available Upon Request